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by Patients for Patients®

Medical Cannabis Community

The Re-feminization of Mary Jane

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PATIENT RESOURCE DIRECTORY

The story of **Granddaddy Purple**

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Re-feminization by Melrose Sanchez Of Nary Jane

ccess to marijuana for females prior to the passage of Proposition 215 in 1996, usually came through a male family member or friend. The clandestine-underground nature of obtaining marijuana caused many females pause. It did not stop women, especially those in need of pain relief, and those caring for the critically and terminally ill, but it cloaked the experience with uneasiness. It usually involved getting medication through a network of known people, but it didn't change or lighten the experience.

The personal risk and social consequences involved with growing or possessing quantities of marijuana, medical or otherwise is still tremendous. It can and often does involve the loss of child custody, dissolution of family and jail or prison time. This is a risk few women, wives and mothers are willing to take thus distancing the female influence from cannabis for a sustained period of time.

Now, with more social sanction, females are coming to the forefront of the medical cannabis field. By coming out of the closet in a public way, the female influence is being felt throughout California and in the other states with medical cannabis laws. They are active in dispensaries across the state and throughout all aspects of the medical cannabis community. The hard-edge of barbed wired and weapons are being exchanged for a more hands-on feminine approach to this most female of plants.

Without speaking too broadly about the differences in the approach of the genders to marijuana, it is safe to say that the female plant and the female human do share *theoretical* common ground. Traditionally, however not exclusively, females are thought of as nurturing, and are frequently caretakers of the very young, old, sick and injured. Certainly, the use of marijuana as medicine has been passed from mother to daughter in the more indigenous populations of Mexico, and the Americas. Even now, this information is being passed as it always has been in the geographic areas where folk-medicine prevails over contemporary health care.

Women pass recipes for healing potions, salves, teas, soups and mixed herbal concoctions which include cannabis to treat any number of health troubles from menstrual cramps, to geriatric conditions and general maladies occurring in everyday life. It is the same as learning to treat a cold, or bandaging a small wound. The lessons are not so much taught, as they are learned. Most of us have learned our traditional ways of treating common maladies or some sort of home remedies for common injuries and ailments.

The root of all healing and physical comfort is the ability to eat, sleep and be pain-free. This is the foundation of all medical treatment. Our own Mary Jane offers all three to her patients, and frequently marijuana is recommended as a support to other prescribed medications and treatments.

The female influence is being expressed subtly, yet in a totally professional approach to the dispensaries role in today's society. What was once flanked with armed guards is now being invaded by nurses, physical therapists, pharmacists, herbalists and those with a healing/caring nature.

"... there is a hunger for normalized approach to o

The infusion of the feminine seems appropriate and lends balance to the medical cannabis community. Certainly, there is room for female expression in a community where there is a hunger for a more comfortable, normalized approach to obtaining medicine.

Highly visible security is giving way to less visible, yet equally as effective security measures. The dispensaries are reflecting more comfort, efficiency, compassion and professionalism which was somewhat present in the early days of the male-oriented dispensaries, but it is being expressed in a more open and embracing way. Women seem to foster less paranoia, and certainly bring a true passion to their work.

Women of various ages and from diverse backgrounds are bringing their areas of expertise to the forefront of the medical cannabis community. Most have left successful professional lives to fulfill what they consider the most important work of their lives. All have taken untold risks, and met overwhelming challenges to be in the position to work directly with medical cannabis patients.

• • •

JoAnna, of The Farmacy located in West Hollywood is a licensed pharmacist specializing in geriatrics. She brings to her work an extensive medical background and over 20-years experience as an herbalist. Although, of course, she is not involved with dispensing pharmaceutical drugs at *The Farmacy*, working knowledge does give her the edge in understanding the interaction of prescription medications and how herbs, including medical cannabis,

The Rising Female Influence in the Medical Cannabis Community

can augment and support prescribed treatments. She is capable of advising patients about strains, and methods of ingestion and other herbs. Her experience includes a vast working knowledge of herbs including medical cannabis to balance medications for optimal results.

It is JoAnna's extensive hospice work that brought her to understand the value cannabis brings to the sick, and terminally ill. She saw the results of prescribed synthetic cannabis and came to realize that it is not one element of cannabis that is effective but rather the whole plant that is necessary to relieve pain, stimulate

for a more comfortable, obtaining medicine."

appetite and give comfort.

JoAnna gave the example that while only one plant chemical of the echinacea plant is used today, there are hundreds of active ingredients not being used from the plant. The use of the whole plant, JoAnna explains, creates a synergistic or more complete chemical interaction. Her conviction today is about choice. There are options available to aid with relaxation for example; medical cannabis, kava, Chinese herbs and pharmaceutical drugs each can produce about the same effect, depending on the individual patient. JoAnna is convinced that medical cannabis is one avenue to allow death with dignity. In her extensive hospice work, she has witnessed the positive effects of cannabis giving comfort and ease to patients when they need it the very most.

Shay, of Mr. Nice Guy in San Francisco is the youngest of our profile group. At age 23, she brings to her dispensary a different, very refreshing attitude. She has her eye on the future. Her first move upon coming to Mr. Nice Guy was to change the counter staff to an all female team. Her vision of the future involves the humanitarian impact alternative medical options bring to the public at large. She is especially dedicated to people of color becoming more educated about the medical options, including medical cannabis, available today.

She sees that many suffer needlessly because they do not know that relief is available. Many people of color shy away from medical cannabis as a support for or treatment of medical conditions because of the social stigma attached and as a way of distancing themselves from stereotypical associations with cannabis. This is what Shay plans on changing.

Shay is interested in the wholesome nature of cannabis and bringing this message and viewpoint to her patients and to future patients. Shay appreciates family values and would like to see medical cannabis reflect those values. Shay envisions a future where local dispensaries operate much like any other family-owned business to serve the neighborhood's needs in the style and tone that is most comfortable. She is also concerned that the standard for quality of medical cannabis remains high and does not become diluted as the medical value becomes more accepted by the mainstream.

Lisa, of Greenway Compassionate Relief in Santa Cruz, (featured in the Fall, 2006 issue of Greenkind) has ventured where none have gone before. Armed with her well written proposals, and her vision of a model dispensary, she sought and won city approval and state sanction.

A cancer survivor, Lisa learned the value of medical marijuana and the importance of a well run, well stocked, fully-functioning dispensary where the patient is the focal point. She knows first hand what patients desire from a dispensary.

Santa Cruz patients have the option to enjoy a true sense of security having the knowledge of full local authority and state acknowledgement. It took fortitude and faith for Lisa to meet every requirement and working through the endless glitches of the governmental maze. Steadily, she moved forward, overcoming obstacles and after two years of hard work, celebrated the first anniversary of *Greenway*, late last year.

Lisa's vision has not stopped with the completion of the dispensary. The lack of standardized, trained and licensed dispensary security, caught her attention and has urged her on to form a new company now in its early stages of development and appropriately named, *Greenshield*, specializing in dispensary security.

These women and the hundreds if not thousands like them are setting the standard in dispensary operation and patient care. They bring dignity and a bright future to medical cannabis in California and beyond. It is their willingness, conviction and effort that is changing the form, function, image and social significance of medical cannabis. Most likely, they do not realize the profound difference their labors bring to the *quality of life* for cannabis patients now and in the future.



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Record Support for Medical Marijuana Amendment

by Bruce Mirken, MPP director of communications

ASHINGTON, D.C.—An amendment to stop the U.S. Justice Department from arresting medical marijuana patients in the 11 states where medical marijuana is legal, received a record vote on the floor of the U.S. House of Representatives today. Although the measure failed to pass, 163–259, medical marijuana advocates hailed the record vote as the result of a growing groundswell of support for medical marijuana from across the political spectrum. Last summer, the amendment received 161 votes, which was the previous record until today's vote.

The improvement was due to Republican "yes" votes, which increased from 15 last year to 18 this year.

"Support for medical marijuana has hit yet another high-water mark in Congress, 11 states have legalized medical marijuana in 11 years, and the latest national poll shows that an astounding 78 percent of voters want to see medical marijuana legal," said Rob Kampia, executive director of the Marijuana Policy Project (MPP) in Washington, D.C. "It's hard to imagine a scenario where Congress will not pass our medical marijuana legislation by, say, 2009.

"The most significant thing is that the amendment gained votes during an election year," Kampia said. "The last time the House voted on this amendment during an election year was in the summer of 2004, when support dropped from where it had been a year prior. The amendment's strong showing this year probably has something to do with the fact that Citizens Against Government Waste and other conservative organizations are now lobbying alongside a host of medical and other organizations, including the American Nurses Association, to pass the amendment. And it's also worth noting that every member of Congress who has voted for medical marijuana legislation and run for reelection has won reelection, and the only member attached for his medical marijuana vote won by more than five to one."

The amendment, which was supported by a bipartisan coalition led by Congressmen Maurice Hinchey (D-NY) and Dana Rohrabacher (R-CA), would have barred the Justice Department from using its funds to interfere with the medical marijuana laws now in effect in Alaska, California, Colorado, Hawaii, Maine, Montana, Nevada, Oregon, Rhode Island, Vermont and Washington. A national Gallup poll released in November 2005 found that 78 percent of voters favor allowing physicians to prescribe marijuana "to reduce pain and suffering."

With more than 20,000 members and 100,000 email subscribers nationwide, the Marijuana Policy Project is the largest marijuana policy reform organization in the United States. MPP believes that the best way to minimize the harm associated with marijuana is to regulate it in a manner similar to alcohol. For more information, please visit www.Marijuana Policy.org.







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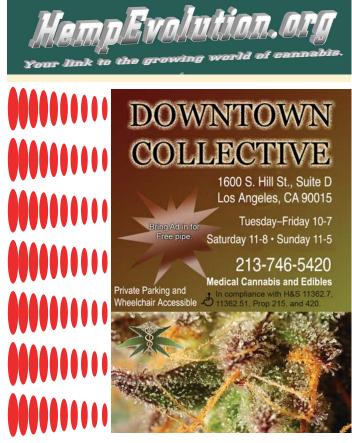
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Good Medicine, Great Sex!

David R. Ford

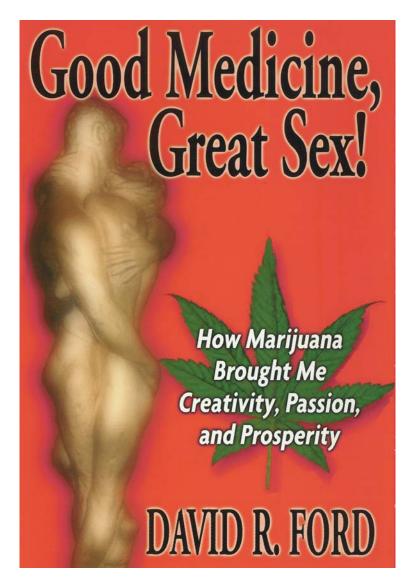
These days marijuana is discussed in medical terminology. Of course marijuana is medicine, but there is so much more to our dear *Doctor Jane*. What David Ford has the courage to bring to the pages of his book, *Good Medicine*, *Great Sex* is real honesty about his life lived with marijuana.

e all know the rich personal experience of marijuana and the most valued medical benefits. Little is said about, the countless other positive aspects most of us experience with our medication. Many have come to realize an enriched sex life is in medical terms, a side effect. David Ford in the telling of his life, details how marijuana not only enriches his life, but in his opinion brought him more creativity, passion and prosperity.

This is the untold story of marijuana as we limit ourselves to court accepted terminology for fear the joy, pleasure and communion experienced with marijuana may blight the medical marijuana movement. David reveals his story in small gusts. It is an easy read and perfect for commute and bedtime reading. There is always a good stopping place within a few paragraphs.

Ford underwrites rather than waxing on. Short, direct, clear and honest writing best describes my impression of his most recent work. David also published, Not Guilty as Charged. Only this courageous author, has offered the DEA one million dollars to prove its lie that marijuana has no medical value. Not only is his work a good read, it has purpose and meaning not only in the medical marijuana community, but as an indisputable tool in the education of the public at large as to the true value of marijuana in our society. It can also be said that this is a book about life and living it well.

It is the over 75,000 people in jail on marijuana charges that Ford wants to liberate. He uses the power of the word to reveal to law makers, judges, and the authorities the facts they refuse to hear by showing his life and accomplishments with marijuana present and counted. *Greenkind* highly recommends this entertaining and informative read because there is real inspiration hidden between the lines. For more information go to *www.davidrford.com* where the book price is discounted or check your local book store.









Letter to the editor — The day I watched my friend's life change.

I was sitting at home studying for a final exam in school when I received a call from my really good friend. She told me that Federal agents closed down her job, a medical cannabis dispensary, and she didn't know what she was going to do for work. Before this point, my friend and I have talked about how hard it has been making ends meet but she felt blessed that she had this job working for a medical dispensary. This job not only paid her better than her previous establishment — a food chain — but also gave her the ability to help other medical patients like herself on a daily basis.

That day, a week before Christmas, I saw the fears and struggles of my friend and her coworkers become a reality. Federal agents and police officers barricaded her job and froze the assets of her employer. Not only was my friend out of a job but she wouldn't be getting the paycheck she needed to pay her bills. She and many of the other patients relying on this medical dispensary will now have to figure out other ways to acquire their medications. Some of these patients will have to turn to street dealers to get their medications. Others, will have to travel several miles in order to find another dispensary all the while hoping that

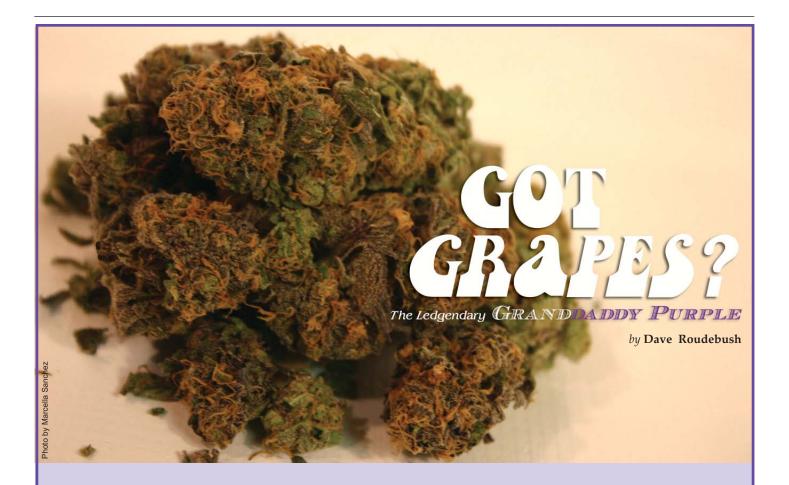
they won't be turned away like they where on this sad day. I will never forget when my friend, an attractive, petit young lady in her 20s told me, "A mother and her young child no more than 4 or 5-years-old was talking to the police officer on the scene to see what all the commotion was about. After a few minutes of talking to the officer, the child turned to my friend and her coworkers and said, 'They got you! you drug dealers!'"

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All she wanted was to help other patients like herself — to find a away to heal themselves and lift their suffering. Yet, federal laws are calling her a criminal. Where is the compassion? Where is the love for the sick and struggling? Where is the justice for the sick and dying?

My friend is a survivor and will find a way to help herself and others. But on that day, as her friend watching from the sidelines, I knew that I could no longer stay slient. We must all speak out for ourselves our loved ones and for those who cannot speak for themselves.

Jess M - NorCal



s the story goes, a grower back in the day, living in the fertile coastal hills of Humboldt, also known as (707), started the long journey to create the king of indicas, *Granddaddy Purple*. This strain had been dormant for years being grown only for personal use. Luckily, for us some made its way out of the hills and into Oaksterdam.

At this time in Oaksterdam there were your usual suspects (strains) including Blue Dot, Super Silver Haze, Trainwreck and White Widow. These were all the rage and flowing freely out the doors of the Blue Dolphin and Third Floor. A new cafe opened across the street from the two largest dispensaries in Oakland and set the big boys on kilter. The new cafe only sold Purps. The tend between cultivators became a legend to the patients, and now Purple is the craze in popular culture.

Purple is an Afghani-based strain born in the foothills of the Afghan mountains. Short and bushy in size, the plant thrives in cold weather and can withstand extreme plunges in temperature. A sudden drop in climate during the last two weeks of flowering is essential in creating the violet and deep purple hues that the cultivator and connoisseur desire.

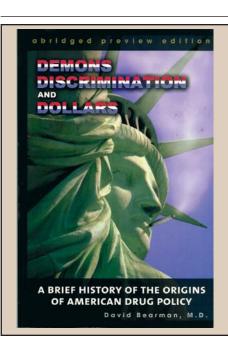
The flowers are dense, dank buds, dark in color with a smooth, buttery-smoke and a sweet candy taste. The

aroma is unmistakable. A hypnotic sedative, Grand-daddy Purple is 100% indica with a strong body-high which leaves the patient feeling mellow, relieved of pain ready for sleep.

For patients interested in cultivating the illustrious Granddaddy, a few words of caution. This lady is an extremely slow bloomer. Average time for vegetation is from 3-4 weeks followed by a flowering time of 8-9 weeks. Temperatures should be between 62-75 degrees. The most important tips for an excellent harvest are good air flow, and a cool non-humid environment. One of the only downfalls of this strain is the amount of water it retains both in flowering and in the curing process.

The Purple of Oaksterdam trickled its way out of the big city and into the dispensaries in the surrounding foothills. What started as hype turned into hip hop — drowning the airwaves of the Bay Area radio stations letting everyone know that, "It's good, it's good like the Granddaddy" and "Who's got purple, I've got graaaapes" E-40 with Keak Da Sneak and NUMP's summertime anthems added to the hysteria and the demand of the legendary strain, Granddaddy Purple.

Does Northern California's favorite strain live up to the hype? You be the connoisseur, look for Granddaddy Purple arriving at a local dispensary near you.



Required Reading.

What every patient needs to know.

Demons, Discrimination and Dollars by David Bearman, M.D.

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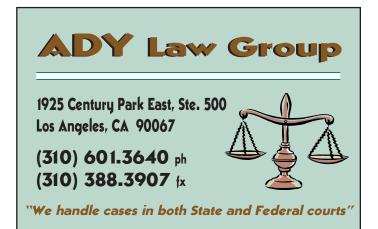
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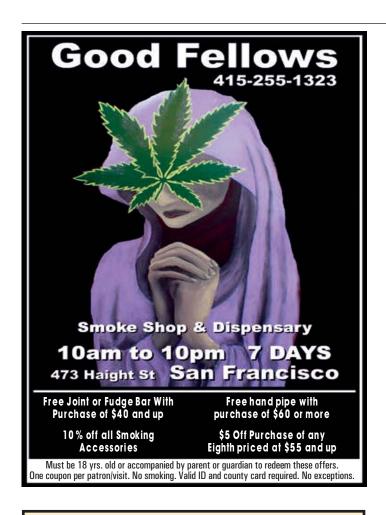






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Marie Matlock, founded and is currently the CEO of the nonprofit, *Public Benefit Siskiyou County Medical Cannabis Co-op/Research and Registration Center* established over seven years ago. She is also the author of *Crafty Cannabis Eatables* featured in *Greenkind Magazine*. A stroke victim since 1999, Marie grows around 20 plants for her husband, her assistant, and herself for their personal use at her site. She does not dispense medical cannabis, but does act as a registering agency for medical marijuana patients within her county.

Shockingly, Marie was shut-down by the DEA and charges have been filed against her. Her plants were seized. Now Marie is faced with legal fees and is in need of defense funding. For more detailed information about Marie's case call 541 482 4810.

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Roger Mentch has been operating a much needed delivery service out of Santa Cruz. He also is facing a court trail currently. He feels he was safely operating within the legal guidelines and delivering much needed medication to shut-ins and the most critically ill in Santa Cruz County. Roger also needs our support. Please email Roger: *rmentch@sbcgobal.net*

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Raid Fear

like a tsunami. Some day, when the stories are told, there will be a name for this period of marijuana prohibition. For now, it is known by the raiding and arresting of a stroke victim in Weed, a delivery man in Santa Cruz, a young married couple in San Luis Obispo County, dispensary operators in Hayward, and a 60 year-old caretaker in San Francisco. There are others more famous like Ed Rosenthal, Eddy Lepp, and our own sweet Angel of Supreme Court fame. Each of these is a medical cannabis patient just like you and me. Most have been arrested because they watered some plants. Then there are the nameless thousands already serving in the wasteland of our prison system.

Most raids and arrests, involving medical marijuana are met with the news media publishing the authorities' statements while the patients are being escorted to jail. Patients are not allowed a public voice since most don't have their lawyer handy during the raid. Usually, no public statement is made on their behalf and if there is, it is after the fact. The accusations of the authorities are published, believed and ripples of palatable fear surges through our community.

We hear rumblings of gossip usually to the negative about our arrested peers. "They didn't follow the rules, but we do," one dispensary operator says to the local news about his raided neighbor. "They were greedy," says another. There is frequently a cry of defilement, "This is what gives medical marijuana a bad rap." These conclusions are drawn on the word of the arrest-

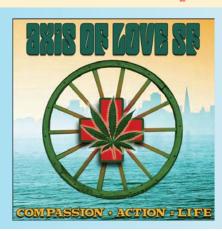
ing authorities. The fear turns us against our own. It radiates out from the point of the raid to the outermost reaches of the community. Isn't the oldest tactic around to divide and conquer?

The point of the raids is to keep public opinion discounting the need for medical cannabis. The authority's message is that the majority of cannabis patients are healthy people loitering around public parks getting high and selling "weed" to teenagers. And we all know better, yet even we are prey to the spin, It taps into our social oppression as patients and a silent doubt rises. We think, "Yeah, they did something wrong." Never mind that the accused have their money and medicine taken, bank accounts frozen and the numbers of plants, pounds or whatever, inflated. They are left with little but sore wrists from handcuffs and regular urine testing. Many, if not most, are under court order to not medicate regardless of their medical condition.

Perhaps, it is always darkest before the dawn as the proverb goes since clearly the future is brighter. However, the distance from here to there depends upon the motivation and action of medical cannabis patients. We can leave others to endure the suffering of court proceedings, legal expenses, and incarceration on our behalf while we feel more *pure*, *blessed* or *lucky* for not being arrested. Or, we can set aside differences and suspicions to unite for the common good. Compassion does not really mean *free medicine*. Compassion means, according to my 1922 edition of *The Concise Oxford Dictionary*—Pity, inclining one to spare or help.







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We are also embarking on an aggressive proactive campaign to change federal policy and advance the rights of patients. Our success will protect patients from dealing with another situation like San Diego. Please read about our strategy. If you support the work we are doing, please join ASA today.

ASA LAUNCHES STATE AND FEDERAL LEGAL CHALLENGES

On the state level, ASA is defending patients' right to work by taking an employment case to the California Supreme Court. This ground-breaking case will help establish employment rights for patients in California.

On the federal level, ASA is directly confronting the government's denial of the scientific evidence about marijuana's medical efficacy. ASA has filed a challenge under a little-known law that requires federal agencies to rely on sound science when making regulations and spreading information. If we prevail, the government will have to admit that marijuana has medical uses, a critical first step toward doctors being able to prescribe it just like other medications. Make this happen by joining ASA today!

ASA EXPANDS TO D.C. WITH NEW NATIONAL OFFICE AND MEDICAL AND SCIENTIFIC ADVISORY BOARD

Our new office in Washington, D.C. means that patients now have a voice in our nation's Capitol as never before. As the only advocacy group in D.C. working solely on medical marijuana, we are lobbying Congress to show compassion for patients.

ASA is also reaching out to the medical and scientific communities. Barbara Roberts, Ph.D., is ASA's new D.C.-based Director of National Medical and Scientific Affairs and President of the Medical and Scientific Advisory Board. Dr. Roberts is holding discussions with prominent scientific and medical professionals to integrate medical cannabis into mainstream health discussions.

VALUABLE PATIENT SERVICES AND ACTIVIST RESOURCES

We're expanding services to the medical cannabis community. We've updated our website, adding more information and more ways to get involved than ever before. Each week, we answer hundreds of legal questions from patients and caregivers through our toll-free hotline. ASA also provides training and information to thousands of advocates, patients, doctors, and attorneys through education programs and specialized trainings.

Americans for Safe Access is fighting in court, lobbying congress, and working in the field to protect the legal rights of medicinal cannabis patients and their doctors. By joining ASA, you help us fight to provide safe and legal access to medical cannabis. Please join us and give generously today!

To find out more, see www.AmericansForSafeAccess.org.

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Canna Butter

Canna butter is used in any recipe calling for butter or oil. Food cooked with canna butter is excellent for patients with loss of appetite.

Yield 3 to 4 cups

Assemble:

- One large cooking pot
- Wooden spoon
- Cheese cloth or fine-screened strainer
- Large bowl or container
- 8 sticks of unsalted high fat content butter
- 3 ounces of stemless trim



Photo: Marcella Sanchez

Melt butter with low heat in a large cooking pot. Add trim and with a wooden spoon and gently

Bring mixture to a slow simmer

Reduce heat to the lowest setting possible

submerse the trim into the melted butter.

Cook the mixture from 2 to 4 hours for maximum potency.

The butter should turn green as the trim infuses the

While still warm, strain the butter and trim mixture through cheese cloth or a fine-screened strainer. Squeeze all of the butter from the trim through the strainer and into clean bowl or container.

Pour the strained butter into one cup glass storage containers, cover and refrigate.

Use as you would any butter or oil. 🍁



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- Two types of fiber as extracted from hemp. Blast fiber accounts for about 20% of the plant. It is used to make 1000s of textile products like rope, canvas, cloth, fabrics, and fine lace. The remaining 80% of the plant is called *Hurd* fiber and is a wooly-type fibrous substance that is 75% cellulose.

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Kiyokawa Japanese Restaurant

Beverly Hills, California

Reprinted by request/Greenkind fall, 2006

by Melrose Sanchez



ere is a luxurious treat that redefines the idea of fresh. Snuggled in a tree-covered courtyard near larger, more expansive buildings on South Robertson Boulevard in Beverly Hills, is the most delightfully cozy restaurant serving traditional Japanese fare personally created by owner/chef Satoshi Kiyokawa.

Serving vegetarian, seafood and meat dishes including salads, sashimi, sushi, and a full selection of lunch and dinner specials and combinations, this restaurant blends the tradition and grace of Japan with cutting edge California style.

Calling Satoshi a chef is an understatement. A more accurate title is artist. Having the opportunity to sit at the counter, we witnessed the preparation of our meal. Selecting his knife like an artist selects his brush, Satoshi carefully began choosing the natural and organic ingredients. Watching the preparation of our meal



w. kiyokawa.co

was a show in itself and the presentation of each dish was like a gift being bestowed rather than food being served.

Each morsel and tidbit from rice to saki provoked eye-closing appreciation as the flavors blended and melted into a truly delectable dining experience. The selections range in price to fit

most any budget, and this is the restaurant to make your Beverly Hills/Hollywood visit most memorable. It is also a place to enjoy with family and friends. The elegant, yet simple style lends itself to intimate dinners, social gatherings and casual meetings.

Satoshi loves his restaurant and it shows through the décor, service and carefully prepared food. Fresh, by Satoshi standards, means the food was thriving in one of the several large and beautiful fish tanks five minutes before it is served. That is about as fresh as it comes.

For more information about Kiyokawa's go to www. kiyokawa-restaurant. com where the complete menu is posted, a map to get to the restaurant, and with beautiful photos of the interior and exterior of the restaurant. Or call 310-358-1900 and speak directly to Kiyokawa's.

This is a place we will return to enjoy as frequently as possible. *Greenkind* ranks Kiyokawa's Japanese Restaurant with five green leaves — the highest ranking possible.





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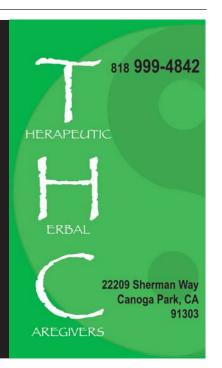
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Harborside Health Center by Steve DeAngelo





y name is Steve DeAngelo. I am co-founder attracted huge numbers of patients. Overnight, they turned into and CEO of Harborside Health Center, Oakland's newest medical cannabis dispensary. pensary operators, many of who were mostly attracted by the Open since October 2, Harborside is already widely recprospect of quick profit, rather than a desire to provide comognized for setting new standards in the medical canpassionate service to patients. There was a rush to open disnabis industry, and has received incredible reviews on pensaries, often without first obtaining a license from municithe on-line patient forums including www.icmag.com and

I've been a cannabis reform activist my entire life, most of which has been spent in Washington, DC. When I moved to California in 2001, the public image of medical cannabis was very positive, and focused on the need of patients for safe access to medicine.

Dispensaries were relatively few and far between. Most were operated by dedicated activists who were usually long on integrity, but short on business savvy and experience. Because there were not many dispensaries, the early ones quickly

www.weedtracker.com. This is the story of how and why

we hope to transform the medical cannabis industry.

very lucrative businesses without even really trying. These successes, in turn, attracted a new group of dis-

without functioning restrooms. Dispensaries were launched in inappropriate locations, sometimes close to schools, residential zones, or other sensitive neighbors. Insufficient attention was paid to keeping patients and the surrounding neighborhoods safe, to providing adequate parking, and access for disabled patients. Within the space of a few years, we went from a couple dozen dispensaries to hundreds statewide.

pal authorities, often in unsafe buildings and sometimes even

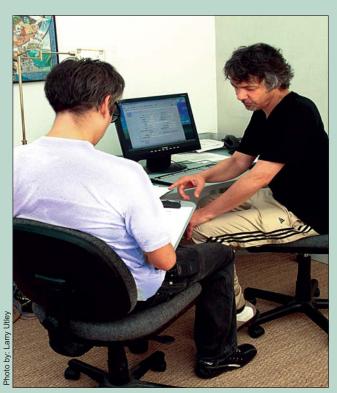
Unfortunately, many of the new operators lacked professional management experience. Employees were hired without background checks, and put to work without adequate training or supervision. Patients suffered through rude or indifferent service, staff that was largely uneducated about cannabis, and unpleasant or dangerous locations.

Inevitably, there were problems with crowds, noise, loitering, and robberies. Neighbors mounted protests, contacted their elected representatives, and negative stories about medical cannabis began to replace the previously positive coverage of our medical cannabis.

Before the movement could effectively respond to these changes, local jurisdictions went on attack against medical cannabis, imposing moratoria and even outright bans against dispensaries. Every day, we read about another jurisdiction that has banned dispensaries. Today, far more California jurisdictions prohibit medical cannabis dispensaries than allow them.

Harborside Health Center was established to challenge this dynamic, and to provide a positive example of a truly patient and community oriented dispensary. Our first step was to legally organize ourselves as a not-for-profit corporation, so our first priority is providing patients with a superior medical cannabis experience and not turning a large or quick profit.

Next, we began a long and difficult search for an appropriate site. We wanted something in a safe and accessible part of town, with abundant on-site parking, and great security. This process was complicated by Oakland's stringent dispensary zoning ordinance, and by landlords' reluctance to be involved with medical cannabis. We searched daily for six months before finding our spot.



Steve DeAngelo with patient.



The building we found was located in a forgotten, but very beautiful corner of Oakland's waterfront. It is in a tranquil neighborhood of marinas, parks, restaurants, and waterfront walkways. But the property came with challenges and we had to do an extensive remodel to make it ready. A disabled lift and restroom had to be installed; the floor plan reconfigured; alarm & surveillance systems installed; carpets laid, walls painted, furniture and fixtures installed, and altars built.

Beyond those basic renovations, we wanted to create an environment of peace and beauty. Medical cannabis patients have endured years of stigmatization, shame, and fear. It is time for us to come out of the shadows, and into the light.

We wanted to give patients a place that could heal some of this damage, so we put in lots of windows; covered the floor with natural sisal; built our counters out of long expanses of soothing maple wood; and filled the space with flowers, altars, and things of beauty.

One of our goals was to place medical cannabis in the context of a modern health care facility. We believe medical cannabis belongs in a medical environment not in coffee shop/nightclub/convenience-store type of surroundings. Our biggest design challenge was to preserve a medical atmosphere, without being cold or clinical and we succeeded beyond our wildest dreams.

Another part of placing cannabis in a medical context is our specially designed Holistic Healing clinic, which features a wide range of therapies including Naturopathy, medical Qi Gong, traditional Chinese medicine, Accutonics sound healing, Nutritional counseling, Hypnotherapy, and therapeutic Yoga. All of these services are absolutely free of charge to any legally qualified medical cannabis patient, regardless of whether or not they purchase medicine from us.

Harborside strives to empower patients with education and activism. All new patients start off with an orientation session, and are urged to be good ambassadors for the medical cannabis movement. Our large resource center features complimentary copies of all of ASA's educational pamphlets, O'Shaughnessy's newspaper, Oaksterdam News, Greenkind, petitions, pamphlets, flyers, postcards, etc. We prominently display all ads for upcoming demonstrations, and offer a free shuttle service to all local medical cannabis events.

Continued, see Harborside page 36

Greenkind's Pick

Best products for 2006

QuickGrow™

Flower and Herb dryer

Quick Grow Systems — Flower and Herb Dryer is a necessity for patients growing personal medication. Proper drying is as critical to the health and potency of medicine as is every other step in the cultivation process. This model of the *Flower and Herb* dryer was developed by *QuickGrow Systems* especially for California patients.

Simply plug this dryer into any wall outlet, it uses less than 1amp. of power and creates the perfect environment for drying medicine and maintaining potency and flavor. It has an effective odor killing Coco-Carbon filter so there are no tell-tail wafting scents of drying your medicine. It cuts drying time down to just a few days. The dryer's durable plastic container comes with an easy on-off lid for quick cleaning and storage. The unit has quiet 3" ball-baring fan with a safety metal finger guard, with 3 levels of drying, two large removable mesh shelves will hold an ample amount flowers and herbs. There is also a thick removable pre-filter which is easy to clean. This great unit IS the answer for this season.

The **Flower and Herb Dryer**, will simplify and improve your entire drying process. For more information please call **1-877-788-4769**; www.QuickGrowCanada.com



Front view with lid

420Jars.com

420 Jars are the finest medicine storage jars we have seen to date. These jars are made in America with a high-quality, durable glass. The lids have a plastic gasket seal to protect your medicine's potency. This tight seal creates an air-vacuum that you'll hear "pop" every time you open the jar. 420 *Jars* come in two styles. The *Classic* series is cylindrical much like a traditional apothecary jar while the *Vibe* series flares gracefully to a broader base. Both styles are extremely attractive and each style comes in three different sizes that hold as little as 1/5 ounce and as much as 1.5 ounces of your medicine.

Steven Hager, the founder of the Cannabis Cup, recently selected 420 Jars as the Official Stash Jar of the 2006 High Times Cannabis Cup in Amsterdam. That means all entries at the Cup will be displayed in 420 Jars. Also, a limited edition of commemorative jars will be created for event.

With a selection of 22 designs, the jars fit every personality and lifestyle. These are the perfect storage jars for both dispensaries and patients to protect medication potency. In fact, some dispensaries are now having custom jars made with their name & logo to give away or sell to their patients, including both Sunset Collective and PCH Collective. So throw out those baggies, put those plastic pill containers in the archives, it is 420 Jars that keep medicine fresh, potent, and ready to use. Reasonably priced from around \$15 - \$25, the jars more than pay for themselves by keeping medicine fresh and at a consistent potency level. Go to www.420JARS.com or call 1-888-420-5277 for more details. This really is a "must have" storage container for every patient.



Smoke-Out Spray

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Smoke-Out.

Smoke-

Here's a nice little product for smoke and odor control. It actually works without sent. There is no perfume covering the tell-tell smoke smell clinging to clothes and hair. *Smoke out*, made of processed proprietary structured water, is chemical-free and works for onions and garlic as well. This gentle misting spray dispensed from a pump-bottle instantly neutralizes odors. This is great to have handy for the unexpected knock at the door or a quick spritz before going out.

Check it out at www.Happy-Planet.com

CANNA-BANANA BREAD

Canna Banana Bread is a product more than worthy of searching out and trying. It is nothing less than wonderful. The home-baked quality combined with a tasty, yet subtle, banana flavor makes this medicating experience a cut above. Unlike many infused foods, Canna-Banana Bread is not overly sweet, so the flavor simply augments the appealing bread-like texture containing no nuts. One taste tells that the finest ingredients and highest quality medication is used to create this excellent ingestible.

The dosage is so consistent that a 1/2 inch slice produced the same level of medication that could easily be controlled according to need. The loaf with proper refrigeration has a long shelf-life and serves 8-12 depending on serving size. Also, it is important to note that the bread is reasonably priced. Generally, because of calorie and fat content, I shy away from pastries, cookies and breads as a means of medicating. As a note to those who have experienced weight gain from indulging in baked goods and candies, Canna-Banana Bread fit into my usual diet by replacing two slices of sandwich bread. If you don't see Canna Banana Bread at your local dispensary ask them to obtain a sample or call 310-**541-0608** for ordering information.





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A High Quality Toy for Your Trim. A growing season ending in a copious harvest deserves the very best treatment. The leaves and smaller buds/flowers are most commonly known as trim or trash and many patient growers find themselves with quite a bit of cured trim to utilize after trimming the bud/flowers. In answer to this abundance of trim, Greenkind has discovered the very best in patients' trim toys from S&M Industries.

Deluxe sifting boxes are S&M Industries speciality; they are fabricated with the finest quality materials and assembled with the skill of a craftsman. Frequently, metal screens are used in sifting boxes while S&M uses super-duty, high-micro-fiber, mesh screens. Grind your trim and gently sift the dust through the screen, you'll be amazed at the results! The boxes are available in multiple sizes to fit the sifting need of everyone.

Keep it

Medical *



7LBH.org

Keep it Medical offered by *www.7LBH.org* is a great little personal pack for medical cannabis. This hand-sized zip-pack is made of a canvas-type, water-resistant material and comes in green and black. The pack zips fullyopen and stores four plastic, snap-open medical containers secured in place with wide elastic bands. There are also two bands to hold other items such as a small pipe and a lighter.



The exterior of the pack has a zipper pocket to hold medical prescription papers, and identification cards. There is also a handy snap-hook to keep the pack secure on the belt, in a backpack, purse or briefcase. It provides a low profile, secure and organized method to store four different strains for both home and travel. Priced at \$25 – this handy little pack offers a simple, organized solution to keeping medicine close at hand. This organization's motto is helping you "Keep it Medical". Check out www.7LBH.org and support this non-profit's cause to empower patients.

Free pouch to new, verifiable patients just for mentioning this article, while supplies last at Caregivers Medical Resource, 3232 Barham Blvd., Los Angeles.



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greenkind patient resource directory

Thank you California NORTHL for the use of your directory format. Content expanded and updated by *Greenkind Magazine*

California DOCTOR Referral List

Northern California

- Dr. Roger Stephen Ellis, San Francisco CA, Phone (415) 681-0823 www.PotDoc.com
- Dr. Frank Lucido, Berkeley CA, Phone (510) 848-0958 www.drlucido.com, www.medboardwatch.com
- Dr. Gene Schoenfeld, Sausalito CA, Phone (415) 331-6832
- Dr. Tod Mikuriya, El Cerrito/Berkeley (psychiatrist): Phone (510) 525-1278 www.mikuriya.com.
- Dr. Hanya Barth (415) 255-1200 (San Francisco & Santa Rosa) www.howardstreethealthoptions.com
- Dr. Hany Assad (510) 839-0723 (Oakland, 1504 Franklin St #101, lower level walk-ins accepted) 7 days a week www.norcalhealthcare.org.
- Dr. Tom O'Connell (510) 965-1735 (Oakland) www.doctortom.org
- Dr. William R. Turnipseed, Citrus Heights Sacto: Phone (916) 722-3433
- Dr. Marion "Mollie" P. Fry, California Medical Research Center (office in Cool, El Dorado Co, CA). www.cannabisdoctor.com Phone 1-866-4-DocFry
- Dr. William Toy, Grass Valley (Nevada Co.); Phone (530) 273-5690
- Dr. Stephen Banister, 1117 E Main St #C, Grass Valley (530) 274-2274
- Dr. Jeff Hergenrather, Sebastopol (Sonoma Co.); Phone (707) 484-7720

Norcal Healthcare, 527 S. State St. Ukiah, (707) 468-7400

- Dr. Raymond Rowell, Livermore (925) 443-3097
- Dr. Philip Denney and Robert Sullivan, 1522 Charles Dr. Redding (530) 242-6784, and 4709 Engle Rd #5, Carmichael (Sacto County) (916) 978-9777
- MediCann (Dr. Jean Talleyrand) (Modesto, Oakland, SF, Santa Cruz, Sacto, San Rafael, Santa Rosa, Ukiah) 866-632-6627, www.medicannUSA.com (see
- Dr. Armond T. Tollette, Jr., ROOTS Medical Clinic, 8419 Hannum Av, Culver City (310) 505-0002, attleomd@comcast.net

Southern California

- Dr. Daniel B. Brubaker, Pain Mgmt/Musculoskeletal, 3726 North First St., Fresno (559) 248-0116 or 0117
- Dr. Philip Denney and Robert Sullivan, 22691 Lambert St, Lake Forest, Orange County; (949) 855-8845
- Dr. Claudia Jensen, 8 N. Fir St Ventura; and 34281 Doheny Park Rd 7538 Capistrano Beach (805) 648-LOVE (5683).
- Dr. James Eisenberg, Santa Monica 877-468-5874
- Dr. James W. Eisenberg, West Hollywood, 310-858-8602 (see ad p.12)
- Dr. Christine Paoletti, 1304-15th St #405, Santa Monica, (310) 319-6116 www.coolbreezeclinic.com
- Dr. Wesley Albert, 1605 W. Olympic Blvd., Ste 9090, Los Angeles (213) 477-4816; \$50 recommendation fee for cancer/HIV patients (see ad p.6)
- Dr. Vivi Stafford Mathur, 6051 San Vicente, Los Angeles, (323) 954-9162
- Dr. William Eidelman, 1654 N. Cahuenga Blvd, Los Angeles, (323) 463-3295 www.dreidelman.com
- Dr. Dean Weiss, 46 Park Ave., Venice, (310) 437-3407
- Dr. Robert Sterner, San Diego; Phone (619) 543-1061
- Dr Alfonso Jimenez, 420 K St #13, San Diego, (619) 913-2860 www.medicalmarijuanaofsandiego.com; 303 Broadway #204 Laguna Beach,

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Eric Shevin, 9000 W. Sunset Blvd. #720, West Hollywood 90069, 310-273-1300

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Angeles, CA 90024, 800-762-8469 (p), 310-388-39007 (f) (see ad pg 12) San Diego and Desert

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Michael Mehas, 840 County Sq. Dr #247, Ventura, CA 93003, 805-644-2883 Michael Nasatir, 2115 Main St. Santa Monica, CA 90405, 310-399-3259

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David Zugman, 600 Trout St., Apt. 238, San Diego, CA 92101, 619-231-6292 (p), david zugman@fd.org

California Patient Service Listing

- Humboldt Patients Co-Op, 601 I St. #B, Arcata, (707) 822-9330
- MendoHealing (Ft Bragg) (707) 964-3677
- Herban Legend, 18300 Old Coast Hway#3, Fort Bragg (707) 961-0113; M-Sa
- Mendo Remedies, 42400 Highway 101, Laytonville (707) 984-7101.
- Caregiver Compassion Center Santa Rosa 4349 Mongtomery #D (707) 537-7303 (waiting list - limited membership).
- North Bay Wellness Coop- 3386 Santa Rosa Ave, Santa Rosa www.norbaywell.com. Open 10-6:45 M-F; 10-4:45 Sat
- Sonoma Alliance for Med MJ (707) 522-0292 Advocacy & education (Does not distribute).
- Sonoma (Guerneville): Marvin's Gardens 707-869-1291
- Sonoma Co. Compassionate Services Delivery 707-972-7818
- Cheops Herbal Apothecary Delivery (Sonoma & Napa Co.) 707-974-9465 cheops-herbal@hotmail.com
- Lake Co. Holistic Solutions, 14240 Lakeshore Dr, Clearlake (707) 995-9000 Open 11-7 M-Sa
- Lake Co D & M Compassion Center, 15196 Lakeshore Blvd, Clearlake (707) 994-1320
- Lake Co Alternative Caregiver Clinic, Clearlake Oaks (707) 998-0358 lacc@mchsi.com

Central Valley & Foothills to Redding

- Jim'z Deliveries Delivery Service; (916) 519-5328. Open 7 days: 10a to 6p
- Charity Caregivers Of Tulare, 219 N "M" St. #202, Tulare, (559) 688-2001; info@CCOFT.com (see ad p.11)
- Merced County Patient Coalition MercCountyPC@aol.com (patient support)
- California Healthcare Collective, 1009 McHenry Ave. #D, Modesto, (209) 577-
- Golden State Patient Care Collective, 233 Hwy 174, Colfax (530) -346-2514. Sat 9-5nm
- Paradise Alliance Med MJ Delivery Service (530) 966-0981
- Roseville area deliveries Jim'z Deliveries (916) 519-5328 Hours 10 6.
- Shasta Patient Alliance shapatall@hotmail.com (information only)
- High Flight Deliveries Stockton/Tri-Valley area , (209) 346-4489 10% discount for cancer patients
- Yuba County CBC (530) 749-7497

Sacramento

- Capitol Wellness Collective, 2400 14th Street, Sacramento, (916) 325-9000
- River City Patients' Center, 1512 El Camino Ave., Sacramento, (916) 649-0114; M-Fri 10-6pm; Sa 10-5pm; Su 10-3pm

- Growth Unlimited, Sacramento/Solano/Central Valley/San Jose/Santa Cruz Deliveries; Phone: 1-888-MED-CANN
- L's Clone Service. Deliveries to Sacramento area. email for details: ganjalove1@yahoo.com; hours: on demand.
- Capitol Alternatives 1611 20th St., Sacramento, 916-497-0277; Open M-F 9-7pm; Sat 9-5pm
- Doctor's Orders 4011 Winters St., Sacramento, (916) 564-2112; M-Th 10-6pm, Fri 10-8pm, Sa 10-6pm, Su 10-3pm.
- Sacramento MedSac916: (916) 806-2314 www.medsac916.com
- Sacramento End of the Rainbow deliveries: End-of-the-Rainbow@Hotmail.com 916-369-6000 or 916-698-6249.
- Sacramento area deliveries Today's Holistic Caregivers (661) 946-6600; caregivers420@yahoo.com
- Sacramento area Sam's deliveries; (916) 717-4848. Hrs 10-6pm.

East Bay — Berkeley

- Berkeley Cannabis Coop (Shattuck Av btwn Prince & Woolsey): (510) 486-1025
- Berkeley Patients' Group, 2747 San Pablo Ave, (510) 540-6013 www.BerkeleyPatientsGroup.com

Contra Costa County

- Delivery Alternative Northern Kalifornia, Mobile Compassion, (925) 335-0420; cell (925) 586-7052; fax (925) 228-2321; one4kgb@yahoo.com (ad p.12)
- ME Delivery (510) 758-3269
- Maricare 127 Aspen Dr., Pacheco (also deliveries) (925) 459-2929 11am-7 pm
- Natural Remedies Health Center Collective, 3817 Macdonald Ave, Richmond (510) 965-1735
- Tender Holistic Care, 5230 Pacheco Blvd, Pacheco (925) 798-MEDS (6337)

Alameda County — Hayward/Tri-Valley

- Compassionate Collective of Alameda County, 21222 Mission Blvd, Hayward.
 Open M-F 9-7, Sa-Su 11-7.
- We Are Hemp (San Lorenzo), 913 East Lewelling Blvd, (510) 276-2628 M-Sa 11-8.

Oakland

- Harborside Health Center, 1840 Embarcadero, Oakland, (510) 533-0146; fax (510) 533-1048; Open daily 11-8pm
- Local Patients' Cooperative, 22630 Foothill Blvd., 2nd fl, Hayward (510) 537-2405. Open 10am-10pm everyday; (wheelchair access to 9:30 pm; call in advance) 12/12/06 CLOSED.
- Purple Heart Center, 415 Fourth St., Oakland
- Official city ID cards & patient info available at the Coop Store, 1733 Broadway (510) 832-5346; www.rxcbc.org.
- SR-71, 377 17th St; (510) 251-0690. Open M-F 9-8pm; Sa 10-8, Su 10-6pm

San Francisco

- Nor Cal Herbal Relief Center, 1545 Ocean Ave., San Francisco, (415) 469-7700; Tu-Sa 10-7pm
- The Patient Place, 4811 Geary Blvd, San Francisco, (415) 221-HEMP
- Re-Leaf Herbal Center, 2980 21st St., San Francisco, 415) 235-3307; M-Sat 12-8pm
- Grass Roots Clinic, 1077 Post St., San Francisco, (415) 346-4338; M-Sat 10-7pm; Sun 10-5pm
- Happy Days Herbal Relief, 607 Divisadero St., San Francisco, (415) 359-9927;
 M-Thur 12-10pm; Fri-Sat 12pm-12am;Sun 11-7pm
- Patient ID Cards available from SF Dept of Health; 101 Grove St. #105, San Francisco, (415) 554-2890
- SF Medical Cannabis Clinic #1, 122 Tenth St (at Mission) 415-626-4781; Open M-Wed 11-7pm; Th-Sat 10-7pm; Su 11-6pm.
- CannaMed Care Center, 1211 Sutter St (lower) (415)885-8007 www.cannamedcare.com; Open 1-9 M-Sa, 1-6 Su
- Alternative Herbal Health, 442 Haight St. (415) 864-1300. Open M-Sat 11-8pm
- The Vapor Room, 609A Haight St. (MD consultations available). Open M-Sa 11-9pm; Su 12-8pm
- The Hemp Center (4811 Geary Blvd) 415-221-HEMP



- Love Shack (502 14th St. at Guerrero) (415) 552-5121 www.lssf.com
- SF Medical Cannabis Clinic #2, 194 Church St. (open 11- 7 M-F, 11-5 Sa-Su) (415) 626-4781
- Ketama, 14 Valencia St., (415) 706-2679, open 11-8 M-Sa, 12-6 Su.
- Holistic Solutions, 722 Columbus St., (415) 296-7614, open 11-6 everyday
- New Remedies Cooperative, (1760 Mission at Duboce), (415) 864-0114; open everyday 8am–8pm)
- Green Door, 843 Howard St., (415) 541-9590, www.GreenDoorInfo.com. Open 11-8 everyday
- Alternative Patient Caregivers, 953 Mission St. #40 (between 5th & 6th); (415) 618-0680, (11-7 M-F, 11-5 Sat).
- Alternative Relief Co-Op, 1944 Ocean Ave., (415) 239-4766; Natural Herbs & Tea (Noon-7pm M-Sat). Deliveries to in-patients in SF hospitals.
 www.alternativerelief.org (see ad p. 7)
- San Francisco ACT-UP (1884 Market St): (415) 864-6686 www.actupsf.com
- Valencia Street Caregivers, 208 Valencia St. (415) 621-0131 Open 8am -10pm.
- Sweetleaf Collective, (415) 273-4663. For low-income AIDS, cancer patients
- San Francisco Patients' Cooperative (350 Divisadero St); (415) 552-8653;
 www.sfprc.org
- Golden Triangle, 1334 Haight St., (415) 431-67644. Open M-Sat 11-9 PM; Sun. 11-8.
- The Hopenet Coop, 223 Ninth St., (415) 863-4399. Open M-F 12-7, Sa 12-5.
- Bernal Heights Co-op Dispensary, 33 29th St., (415) 642-4702. Open 10-9 M-Sa, 12-7 Su.
- The Divinity Tree, 958 Geary St., (415) 292-6052, Open 11-7 except Tues.
- Mason St. Dispensary, (124 Mason St. downstairs), (415) 433-4420, www.masondispensary.com; 7am-9pm daily
- Mr. Nice Guy, 174 Valencia St., (415) 865-0990. Open 11-9 Su -Th; 11-11 F-Sa (see ad p.3)
- Emmalyn's 1597 Howard St. #A, 800-588-4218/415-345-8248' Daily 10-9
- Patients Helping Patients Home Bike Delivery, (415) 240-7190
- Good Fellows Smoke Shop, 473 Haight St. at Fillmore, (415) 255-1323; Open daily 10-10 (see ad p.13)
- Sanctuary, 669 O'Farrell, (415) 885-4420 (see ad p. 9)

Marin — North Bay

- Marin Alliance for Medical MJ, (415) 256-9328 www.cbcmarin.com
- Here2Help-707; Solano Co. deliveries homebound patients only; M Th 9am -7pm; here2help 707@hotmail.com

South Bay

- Patient's Choice Resource Coop (PCRC), 70 N El Camino Real #B, San Mateo;
 M-Sa 11-7pm, Sun 12-7pm
- Cal Medical MJ Patients Association (Belmont); (650) 520-9971; 24 hours; www.myspace.com/ohiorob420.



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887-JOIN-MPP (564-6677)



AMERICANS FOR SAVE ACCESS

www.SafeAccessNow.org



- Mobile Herbal Therapy (San Mateo San Jose deliveries) 866-240-9121
- Kind Care Resource Center, 5423 Central Ave. #13, Newark, (510) 796-KIND; Open 10-8 daily
- San Jose & Santa Cruz area deliveries: Growth Unlimited 1-888-MED-CANN
- My Green Heaven Ministry, Millbrae www.mygreenheaven.org
- Mobile Herbal Therapy, San Mateo & San Jose; Deliveries; (866) 240-9121

Santa Clara

- Santa Clara Valley Cannabis Society, Inc. (408) 509-4905
- Mobile Meds RX, East Santa Clara Co. Deliveries; (408) 661-2366

Santa Cruz

- Compassion Flower Inn Bed & Breakfast for Prop. 215 Patients, 831-INN-0420; www.compassionflowerinn.com
- Evolution, 6116 Hwy 9 #B, Felton, 650-537-6256; M-Sa 8-12pm.
- Santa Cruz Patients Collective, 115 Limeklin St, Santa Cruz, (831) 425-SCPC;
 M-Sa 10-6pm
- Wo/Men's Alliance for Medical MJ; (831) 425-0580 (NOT a dispensary, but a collective for seriously ill Santa Cruz patients in hospice care) www.wamm.org
- Greenway Compassionate Relief, 140 Dubois St #D, Santa Cruz, (831) 420-1640; M-F 11-6pm, Sa 10-6pm (see ad p. 30)
- MedEx Delivery Service: (831) 425-3444
- Hemporium LLC Delivery Service (831) 295-9381 or (831) 295-3511

Central Coast — Santa Barbara

- Pacific Greens Inc., 816 N. Milpas St. Santa Barbara, (805) 963-0616; open 7 days 10-8pm
- HortiPharm Caregiving & Consulting, 4 W Calle Laureles, Santa Barbara, (805) 563-2802
- Nature's Path Care, 414 E Haley St, Santa Barbara, (805) 331-4567; open 7 days 10-8pm
- Hezekiah Inc, 92 2nd St. #H, Buellton (805) 693-5790; M-F 9-6pm, Sa 10-4.
- Central Coast Compassionate Caregivers, 780 Monterey Ave #B, Morro Bay (805) 772-4879
- Compassion Center of Santa Barbara County SBC Collective, 119 N. Milpas St #C, Santa Barbara, 805-963-9797 Hours 12-5 M-F, 11-3 Sa.
- Santa Barbara Patients' Group, 3114 State St. (805) 687-8988; for patient preverification FAX MD documentation to: 805-456-0710 - open M- SA 11am - 5pm.
- Helping Hands Wellness Center, 4141 State St. #F-4 Santa Barbara (805) 692-1419. Open 10:30-8:30 daily.
- Santa Barbara Patient Doctor Coalition (805) 687-2380 PDCOALITION@cox.net

Central Valley — Bakersfield South

- Los Padres Caregivers, Frazier Park, 24-hr delivery; call for appt. So. Cal, Tri-County Area
- Free @ Easy Compassionate Care, 1905-1/2 N. Chester, Bakersfield, (661) 387-0509
- Cannabis Patients' Co-op, 221 Roberts Lane, Bakersfield, (661) 392-9359
- Epicurian Delights, 201 W. Ridgecrest Blvd, Ridgecrest, (760) 384-1920 / 1-888-BUDS4U1 for appt
- Medicinal Marijuana Awareness and Defense, 209 W. Main St #1, Visalia; by appointment only, (559) 627-6623
- Nature's Medicinal, 323 Roberts Ln., Bakersfield, (661) 392-9353. Open 11-9 everyday. (see ad pg 15)
- Canna-meds, 1450 Crestmont Dr., Bakersfield, (661) 871-0420. Open 11-7 M-Sa.
- Sweet Relief Compassionate Center, 1340 Roberts Ln. #1, Bakersfield, (661) 399-4200. Open 9 am-10 pm M-F, 9-5 Sa.
- American Caregivers Collective, 5640 District Blvd #111, Bakersfield (661) 396-7800. Open 10-7 daily. Americancaregiverscollective.com
- Caregivers Delivery Service, (Nevada and Placer County), (530) 878-4728; saimata@hotmail.com

Southern California Deliveries

 Los Angeles Cannabis Club, Free membership; Doctor Referrrals; Fast, Friendly Delivery; www.LACannabisClub.org

- Dr. Green's medical grade drgreen@safe-mail.net
- Pharmakeia (LA/Orange/Riverside/Santa Barbara), (323) 462-1516; M-Sa 10am - 5 pm; www.pharmakeia.org; info@pharmakeia.org
- California Compassionate Caregivers C3; LA (818) 565-9476; Orange (714) 618-5221; Riverside (951) 520-6909; San Bernardino (951) 520-6909; San Diego (951) 520-6909; Ventura (909) 708-7104

Los Angeles Area

West Los Angeles — Hollywood

- The Calm at the Beach Compassionate Caregivers of Malibu, 21355 Pacific Coast Highway Ste #100, Malibu, (310) 317-6298
- PCH Collective, 22333 Pacific Coast Hwy, #102A, Malibu, (310) 456-0666; M-Sa 12-8pm, Sun 12-6pm; www.pchcollective.com (see ad pg.7)
- Westside Compassionate Caregivers, 2355 Westwood Blvd., Los Angeles, (310) 474-8459; fax: (310) 474-8259
- Live For Care, 1151 S. Robertson Blvd., Los Angeles, (310) 435-0028; 10-8pm
- Organic Century Farmacy, 404 W. 7th St., #1405, Los Angeles, (213) 489-0852; fax (213) 489-0862; organiccenturyfarmacy@yahoo.lcom (see ad p.9)
- Ironworks Collective, 4100 Lincoln Blvd, Venice, (310) 305-8425
- Fairfax Caregivers Inc., Venice, 1700 Lincoln Blvd., Venice, (310) 396-7093
- California Caregivers' Association of West Los Angeles, 12107 Santa Monica Blvd., Los Angeles, (310) 826-3536; fax: (310) 826-3531; open 7 days 10-8pm
- California Medical Caregivers Association Los Angeles, 3430 Whittier Blvd., Los Angeles, (323) 261-2009; fax: (323) 261-2027
- Angel City Caregivers, 441-1/2 E. 16th St, Los Angeles, (213) 746-5420; fax (213) 291-7449. Open 7 Days 11-8pm
- Downtown Collective, 1600 S. Hill St., #D, Los Angeles, (213) 984-9600; Tu-Fri 10-7pm, Sat 11-8pm, Sun 11-5pm (see ad p.7)
- Shiva's Gardens, 2002 Robertson Blvd, Los Angeles, 310-841-0550; 7-days a week 11am-8pm (also delivers)
- Natural Caregivers, 609 S. Westmoreland Ave., Los Angeles (213) 427-9731;
 Open everyday 11-7pm
- Los Angeles Medical Caregivers, 5589 W. Manchester Ave. Los Angeles (310) 410-9954. Open M-Sa 10 - 7pm. (see ad pg 17)
- Arts District Healing Center, 620 E. 1st St. Los Angeles (213) 687-9981; Open Tu-Sa 11-7.
- @ Downtown Wellness Center, 312 W. Olympic Blvd, Los Angeles (213) 746-3355.
- PureLife Alternative Wellness Center, 1649 S. La Cienega Bl., Los Angeles (313) 246-9345. (see ad p.2)
- United Medical Caregivers Clinic, 1248 S. Fairfax, Los Angeles (310) 358-0212. Open Mon-Sat 10-8pm
- KUSH Collective, 1111 S. La Brea Blvd, Los Angeles, (323) 938-KUSH Open 11-11 M-Sa
- Palos Verdes Collective, 716 Yarmouth Rd., Ste. 215, Palos Verdes Estates, CA 90274; (877) 420-2150; (310) 541-0608.
- Quality of Life Activities (QOLA) Silverlake Los Angeles. Call for info: (323)-644-1209 Hours: 10-7pm M-Sa.
- LA Compasionate Care Silverlake 13th 2227 Sunset Blvd, (213) 484-1001; en español, (213) 272-9489
- Quality of Life, 4323 Melrose Ave #A, Los Angeles, (323) 644-1209; M-Sat 10-8pm, Sun 12-7pm
- Southern California Patient Assistance, 5072 W. Pico Blvd., Los Angeles, 10am-6pm daily; ph/fax (323) 930-9668 (preverification avail by fax); (see ad p.6)
- California Caregivers Alliance 2815 W. Sunset Blvd. #201, Silverlake, (213) 353-0100; fax (213) 353-0060; M-Sat. 11-8pm; Sun. 12-7pm
- Superior Herbal Health, 1011 W. 84th Pl., Los Angeles, (323) 971-6333; open 11-7pm everday; www.superiorherbalhealth.org (see ad p.17)
- Herbal Remedies Caregivers, 4743 Fountain Ave., Los Angeles, (323) 913-093; M-F 8-8pm, Sat. 10-6pm, Closed Sun.

- 420 Compassion Center, 6116 W Pico Blvd., Los Angeles, (877) 573-3990; fax (877) 573-3990; Tues-Sat 12-8pm; closed Sun-Mon.
- Sunset Collective, 7065-1/2 Sunset Blvd, Hollywood; (323) 464-0111; M-Sa 12-8pm, Sun 12-6pm; www.sunsetlabreacollective.com. (see ad pg.7)
- California Patients' Group, 6208 Santa Monica Blvd Hollywood, (between Vine & 101) (323) 464-7052 www.CaliforniaPatientsGroup.org Free valet service M-F after 4 pm.
- Kushmart (Hollywood Patients' Group), 6115 Selma Ave #103, Hollywood, (323) 464-6465. Open 10-10 daily
- City of Angels Wellness Center, 1600 N. La Brea Ave #118, Hollywood; M-Sat 10-8pm; closed Sun.
- Earth Collective, 5115 Sunset Blvd., Hollywood, (323) 668-7633.
- Hezekiah Inc., 6051 Hollywood Blvd #202, Hollywood, (323) 683-80171
- Hollywood Compassionate Collective (HCC), 1110 N. Western Ave. #204, Hollywood (323) 467-7292. M-F 11-7; Sa 12-8 pm www.hollywoodcollective. com. (see ad p.13)
- Alternative Caregivers Discount Dispensary, 122 S. Lincoln Ave. #204, Venice, (877) 219-3809. Open M-Sa 12-8.
- Ironworks Collective, 4100 Lincoln Blvd, Venice, (310) 305-8425
- Marina Caregivers, 3007 Washington Blvd. #225, Marina Del Rey, (310) 574-4000. Open 4pm - 11pm. (see ad p.12)
- The Lomita Vapor Lounge, 14829 Hawthorne Blvd #203, Lawndale, (310) 432-3262. Open 11-7 daily.
- Westside Compassionate Caregivers, 2355 Westwood Blvd, West LA, (310) 474-8459 Open M-Sa 10-8, Su 10-6.
- Comfort Care Group, 1720 Westwood Blvd, Westwood, (310) 441-8315 Open 7am-8 pm. www.comfortcaregroup.net
- Crescent Alliance for Sickle-Cell / Nigritian Kief Society (Sister Somayah) Los Angeles (323) 232-0935 www.hempishep.com

North Hollywood

- NoHo Caregivers, 4296 Vineland, North Hollywood (818) 754-0834 Open 11-8 daily.
- North Hollywood Collective, 10929 Vanowen #110, North Hollywood, (818) 763-4008
- Holistic Caregivers, A Wellness Center, 10652 Magnolia Blvd. North Hollywood, 818 760-0717; fax 818 760-4635. M-Sa 10-8pm; Sun 12-7pm
- Patients Against Pain, 6240 Laurel Canyon Blvd. #B, North Hollywood, (818) 752-7274; www:PatientsAgainstPain.com

West Hollywood

- LA Patients and Caregivers Group, 7213 Santa Monica Blvd, West Hollywood (at Formosa); (323) 882-6033; www.LAMedicalMarijuana.com
- AHHS (Alternative Herbal Health Services); 7828 Santa Monica (@ Fairfax) West Hollywood: (323) 654-8792; call for hours.
- Medical Marijuana Farmacy, 7825 Santa Monica Blvd, (323) 848-7981; (LA area deliveries); M-Sa 10am-8pm; Su 12 pm-7pm. (see ad p.39)
- West Hollywood Caregivers, 7901 Santa Monica Blvd. #206, (323) 656-2033 open 11-8 everyday.
- California Cannabis Pharmaceuticals, 8464 Santa Monica Blvd, West Hollywood (323) 656-6666
- West Hollywood Center for Compassionate Healing, 8921 Sunset Blvd. @ San Vicente (park across street at Hustler); (310) 626-3333 open to midnight.
- The Health Center, 8961 W. Sunset Blvd, W. Hollywood (310) 275-0446.

San Fernando Valley

- Valley Healing Caregivers Center, 7232 Van Nuys Blvd, #204, Van Nuys, (818) 908-0198; Mon-Fri 11-7pm
- Majestic Natural Remedy, 6722 White Oak Ave. Van Nuys, (818) 343-1831; fax (818) 343-1831; Mon-Sun 11-8pm.
- The Karma Collective; 16115 Vanowen St, Van Nuys, (818) 373 7733; fax: (818) 373 7799; Open daily from 12 noon to 10pm
- Northridge Caregivers, Inc. (NCI), 8672 Lindley Ave., Northridge, (818) 772-1990; handicap access. Mon-Fri 10am-8pm; wkends 11am-7pm
- San Fernando Valley Patients Group 8805 Reseda Boulevard, Northridge, (818) 734-2778; Open 7 Days 11-9pm
- Northridge Healing Center, 8349 Reseda Blvd. #D, Northridge, (818) 701-6666; Mon-Sat 10-7pm
- Mid Valley Compassionate Caregivers, 5658 Sepulveda Blvd, #214, Van Nuys, (818) 785-7440; fax (818) 785-7448; Open daily from 11 to 7pm
- Herbal Independence Pharmacy Sherman Oaks, 13509 Ventura Blvd #A, Sherman Oaks, (818) 907-1601; Mon-Fri 10-9pm, Sat-Sun. 11-7pm

- Fairfax Caregiver's Inc.—Sherman Oaks, 14303 Ventura Blvd., Sherman Oaks, (818) 990-0401
- The Little Cottage Caregivers, 8133 Foothill Blvd., Sunland, (818) 353-7204; fax (818) 353-7815; M-Sat 10-8pm; Sun 11-8pm
- Kind Meds, 14649 Victory Blvd #24., Van Nuys, (818) 908-9580; M-Sa 11-7pm, Sun 12-5pm; www.kindmeds.com
- Trichome Healing Caregivers, 7100 Van Nuys Blvd #204, Van Nuys, (818) 373-5000. Open 10-8 daily; disabled access
- Southern California Caregivers, 15333 Sherman Way #Q, Van Nuys, (818) 988-0699 Open 10-7 daily. Deliveries, disabled access.
- Mother Nature's Remedy Caregivers, 17302 Saticoy St, Van Nuys, (818)
 345-MEDS www.mothernaturesremedy.org. Hours 2:15-10pm Tu-Su (see ad p11)
- California Collective Center, 14532 Friar St. #A, Van Nuys, (818) 781-8865; open 11-7 daily.
- The Green House, 5156 Sepulveda Blvd. (upstairs), Sherman Oaks, (818) 386-1343
- Therapeutic Herbal Caregivers (THC), 22209 Sherman Way, Canoga Park; (818) 999-4842 (see ad p.23)
- Therapeutic Medicinal Health Resources, 14836 Burbank Blvd, Sherman Oaks, (818) 988-9615 Hours M-F 11-7; Sa-Su 12-6.
- Valley Collective Co-op, 12500 Riverside Dr #201B, Studio City, (818) 508-8787
 Open M-SA 11-7, Su 11-5
- My Alternative Collective Care, 13173 Van Nuys Blvd., Pacoima, (818) 896-2616; (818) 896-2738; M-Sat 11-7pm; closed Sun.
- West Valley Caregivers, 23067 Ventura Blvd. #102, Calabassas, (818) 222-9212
- West Valley Co-op, 19709 Ventura Blvd. #B, Woodland Hills, (818) 713-0258;
 M-Sat 9-10pm; Sun 10-9pm
- The Buddha Lounge Caregivers of Tarzana, 19459 Ventura Blvd., Tarzana, (818) 345-5477
- Natural Relief Center, 7223 Owensmouth Ave. Canoga Park, (818) 703-8599
- Natural Care Collective, 18341 Sherman Way #213 (Located inside Majestic Plaza), Reseda, (818) 344-7420; M-Sat11-8pm
- Conejo Valley Wellness Center, 29399 Agoura Rd. #112, Agoura Hills, (818) 706-1143; M-F 11-7pm
- Collective Caregivers Pharmacy, 8239 Canoga Ave, Canoga Park, (818) 264-0790; 11am-2am
- HC Remedies, 19327 Ventura Blvd. #A, Tarzana; call for hours; (818) 758-9613
- Canoga Park Caregivers, 21054 Sherman Way #220, Canoga Park, (818) 888-3720; fax (818) 888-2627; Mon-Sat 11-8pm
- 215 Club Inc., 22148 Ventura Blvd. #A, Woodland Hills, (818) 887-2106; fax: (818) 887-2106; Tu-Sat 12-8pm; closed Mon-Sun
- Valley Independent Pharmacy, 19459 Ventura Blvd, Tarzana, (818) 345-5477; open 10-7 dailv.
- CannaMed of Northridge, 9349 Melvin Ave. #9, (818) 882-4849
- Valley Co-Op, 8363 Reseda Bl. #203, Northridge, (818) 727-1419; M-Sa 11-7pm, Sun 11-6pm
- Compassionate Care of Studio City (no relation to "Compassionate Caregivers"), 11314 Ventura Blvd, (818) 506-7207; www.ccscity.com (med menu on website) Open M-Th 11-7pm, Fr 11-8pm, Sa 12-8pm.
- West Valley Caregivers, 23067 Ventura Blvd #102, Woodland Hills, (818) 222-9212; open 12-10pm daily
- H.I.P., 22831 Ventura Blvd, Woodland Hills (818) 225-2426. Open M-F 10-10pm; Sa 11-10pm; Sun 12-8pm
- H.I.P., 13509 Ventura Blvd #A, Sherman Oaks (818) 907-1601. Open M-F 10-9, Sa & Sun 11-7pm
- RNS Caregivers United, 10545 Burbank Blvd, North Hollywood, (818) 763-7479;
 M-Sat 11-7pm
- Canoga Park Caregivers, 21054 Sherman Way #220, Canoga Park, (818) 888-3720; daily 11-7pm
- Natural Relief Center, 7223 Owensmouth, Canoga Park, (818) 703-8599; open daily 11-7pm
- Chatsworth Caregivers Group, 21708 Devonshire St., Chatsworth, (818) 998-9700; www.chatsworthcg.com (see ad p.32)
- North Hollywood Collective, 10929 Vanowen St. #110; (818) 763-4008

Studio City

- Toluca Lake Collective, 10628 Riverside Dr. Unit 1, Toluca Lake, (818) 752-8420; open daily 10-9pm
- The Health Center, 11324 Ventura Blvd., Studio City, (818) 509-0574
- Herbal Love Caregivers on the Blvd, 3715 Cahuenga Blvd, Studio City, (818) 980-4420; open 7 days 11-7pm

NORML

www.canorml.org

Compassionate Caregivers of Studio City, 1314 Ventura Blvd., Studio City, (818) 506-7207

East Los Angeles Area

- Whittier Medicinal Patients Collective & Lounge, 11618 Washington Blvd. #D (In El Pollo Loco Driveway), Whittier, (562) 692-3576; fax (562) 692-3583; open 7 days 11-7pm
- United Caregivers Group, 643 S. Second Ave #G (2nd floor), Covina, (626) 967-2080 www.unitedcaregivers.com; open 7 days: 12-8pm
- So-Cal Consultants Dispensary (SCCD) 486 W. Arrow Hwy., Covina, (626) 967-1300; M-F 12-8pm; Sat-Sun 10-8pm
- Golden State Caregivers Association 5711 E. Beverly Blvd., East Los Angeles, (323) 888-0865; fax: (323) 888-0424; Open 7 days 11-8pm
- Cal Medical Caregivers Assoc., 15838 Halliburton Rd., Hacienda Heights, (626) 336-2652; open 11-7 daily.
- CMCA LA, 3430 Whittier Blvd, East LA, (323) 261-2009 www.calicaregivers.com; open 11-7 everyday.
- W.M.P.C. 11618 Washington Blvd #D, Whittier (562) 692-3576; open 11-7 pm.
- Whittier Collective 12450 #A East Washington Blvd. Some free medicine given to every patient who asks. (562) 696-9696; M-F 11-7pm; Sa 11-6pm; Su 10-3pm

Long Beach and South Bay

- Spiritual Awakening Deliveries; San Pedro and surrounding area delivery services (310) 793-6556; 12pm-10pm
- Peace of Green, 22828 Western Ave., Torrance, (310) 530-4135; Fax: (310) 530-2416. Mon-Fri 12-8pm, Sat-Sun12-6pm
- California Caregivers Association of Redondo Beach, 201 Herondo St. #100, Redondo Beach, (310) 374-1738; fax (310) 374-1354
- Herbal Collective Caregivers, 3381 Long Beach Blvd., Long Beach, (562)-424-HERB
- Compassionate Caregivers of Long Beach & Lounge, 4242 E. 4th Street, Long Beach, (562) 621-9777; fax (562) 621-9770; M-F 11-8pm & Sa-Su 11-7pm
- Long Beach Vapor Lounge Collective 1088 Redondo Ave., Long Beach, (562) 434-6761; M-F 11-8pm; Sa-Su 11-7pm
- ECHO Collective Earth Choice Healing Organization, 716 North La Brea Ingelwood, (310) 672-3246; open 9-8pm 7 days
- A-1 Compassionate Collective, 301 N Prairie Ave #512, Inglewood (310) 673-2122 ("A1CC"); M-Sa 11-7pm
- The Holistic Caregivers, 1321 E. Compton Blvd, Compton (310) 889-4799; for deliveries phone (310) 764-4740. Open M-Sa 9am-7pm.
- Inglewood Wellness Center 318 S. Market St. Inglewood (310) 674-4444 www.InglewoodWC.org
- California Caregivers Assn of Gardena, 17901 S. Vermont Ave #D, Gardena (310) 352-1188; open 11:30-8pm
- Green Cross of Torrance, 22926 Hawthorne Blvd, Torrance (310) 378-4900. Open 10-8 daily
- Cancer Help Center Herbal Collective, 3381 Long Beach Blvd @ Wardlow. Some free medicine given to every patient who asks. Long Beach 562-424-HERB Open M-F 11-8, Sa-Su 11-7
- CCLB (not affiliated with other "Compassionate Caregivers") Long Beach (562) 621-9777 call for details.
- Nature's Way Compassion Group, 1111 S. Pacific Ave. San Pedro (310) 514-9665 Open M-Sa 12-7.
- The Lawndale Collective, 14829 Hawthorne Boulevard, Suite 204, Lawndale (310) 644-9420. Open 11-7 daily.
- Med/A/Cab delivery service, Long Beach and mid-cities, (562) 256-5066; 11-7 everyday.
- Low Cost Deliveries, downtown Long Beach & surrounding area, (562) 753-3165
 Hours 10-10 daily.
- South Bay Delivery, Beach cities El Segundo/Palos Verdes, (310) 920-2329;
 10-8 everyday
- Diamond Delivery, Long Beach to North Orange Co., (562) 331-5415

Orange — San Bernardino — Riverside

- Greenlight Discount Pharmacy, 15507 Cobalt St., Sylmar; Toll Free 1-877-367-9190: Open 7 days 10-10pm
- 215 Patient Bakery (edibles only) and 420 Primary Caregivers delivery service 421 N. Brookhurst #130, Anaheim, (714) 758-3500 Bakery open M-Sa 11-7. www.420primarycaregivers.com
- Legal Ease 1077 E. Main St., Tustin, (714) 508-3633, M-Fri 10-8pm, Sa-Sun 11-7pm
- OC Collective, Newport Beach, (949) 307-6504. Some free medicine given to every patient who asks. Open M-F 11-7, Sa-Su 11-5.
- C-3 Deliveries, Orange Co/S. LA/N. SD, (714) 396-6770; www.californiacc.net
- Med-Drop deliveries Norco/Riverside/Corona, (951) 833-3668 meddropie420@yahoo.com.
- Inland Empire Herbal Caregivers delivery service; San Bernardino Co., (951) 537-0235
- Green Ease Collective & Delivery serving San Bd'no/Big Bear/Hemet/Riverside, (951) 258-6712; www.greenease.org
- C.A.P.S. (Palm Springs); (760) 325-1112
- CannaHelp, 73350 El Paseo #204, Palm Desert, 877-760-4367. Open 10-8.
- Collective Apothecary of Palm Springs, 333 North Palm Canyon Drive #118, Palm Springs, (760) 325-1112; fax (760) 325-1113. Open 7 Days: 11 to 7pm
- Palm Canyon Palm Springs Caregivers, 2100 N. Palm Canyon Dr. #104-5B,
 Palm Springs, (760) 327-8810
- Therapeutic Health Care Deliveries. Phone (949) 916-7176
- Peaceful Primary Caregivers Deliveries. Phone (949) 395-9588
- Healing Nations Collective, 80 W Grand Blvd, Corona, (951) 737-5100
- OCMC Cooperative, Orange County, (949) 855-0310.
- Humble House deliveries to Orange County (949) 395-9588.
- South Orange County Primary Caregiver deliveries, (949) 246-9395 primarycaregivers@gmail.com
- A.R.C. Collective Orange Co. deliveries, (714) 999-9696.
- KGB Meds (San Bernardino High Desert delivery service), (760) 246-7047
 Hours: 8am-7pm kgbmeds@yahoo.com.
- Dank Meds (San Bernardino deliveries); (760) 246-7396, Mon-Sat. dankmeds@yahoo.com Daily 9am-6pm.
- Freeway Farmacy delivery; Beach cities El Segundo to Huntington Beach; (310) 349-9135
- Northern Lights Church (statewide support group), Laguna Beach; (949) 222-4209 northernlightschurch.org or www.thehealingexchange.org
- CCCOC, delivery to So. Orange Co./No. San Diego Co., (714) 658-3502 (ad p.7)

Hawaii

- State registration program, Dept. of Public Safety; 808-837-8470
- The Hawaiian Cannabis Ministry; www.THC-ministry.org
- Maui Patients Without Time; www.patientswithouttime.com

Visit Us Online at: www. gkmagazine .net

GREENKIND DIRECTORY

Coffee Shops & Restaurants

Coffee Cup Café. Coffee, Smoothies, Pastries, & more; 4799 Heyer Ave., Castro Valley (corner of Heyer & Center), (510) 537-8382 (see ad p.6)

Bulldog Coffee Shop. Coffee, hemp-baked goods, & more; 1739 Broadway, Oakland (Oaksterdam), (510) 459- 9346; bulldogusa@aol.com

Clothing and Apparel

Ball Player Athletics. 15548 Hesperian Blvd., #195, San Lorenzo, (510) 317-6830; bpagear@aol.com

Girls Gone Weed. Apparel, Recipes, Media; www.girlsgoneweed.com **Hemp Connection**. Hemp apparel, bath & body, stationary & more; 412 Maple Lane, Garberville, (707) 923-4851

Andromeda Enterprises. Jewelry and Gifts, (360) 352-4942_androment@yahoo.com

Oaksterdam Gift Shop. Clothing, home décor, games & more; $405\ 15^{\text{th}}$ St. Oakland

Home & Garden

Hempress Arise. Consciously created off-the-grid hemp textiles; (541) 941-0473, halfmoonserenity@hotmail.com

H20 Gardening. Hydroponics & Organic Supplies; 355 W. 7th St. San Pedro; (310) 514-1416

Radio Shows & Podcasts

Drug Truth Network, KPFT Radio. 419 Lovett Blvd. Houston, TX; (281) 752-9198, www.DrugTruth.net

Ed Rosenthal's 420 Report. KPFA Radio; 94.1 FM; noon to 1pm – the last Friday of the month

NORML's Daily Audio Stash. A variety podcast for responsible marijuana smokers. Published @ 4:20pm ET; www.norml.org/rss/normlaudiostash.xml

NORML News Podcast. NORML's weekly news release in audio; www.norml.org/rss/normlnews_podcasts.xml

NORML's Event Podcast. Devoted to special events, such as conferences, speeches, and interviews; www.norml.org/rss/normlevents podcast.xml

Health & Well-Being

Living Harvest Conscious Nutrition, Inc. P.O. Box 4407, Portland, OR 97208; (888) 690-3958; www.livingharvest.com

Jason Chase. Massage Therapy & Reflexology; (310) 210-3033. By appt only; www.geocities.com/jcmassage2000

Okanogan Highlands Bottling Company. Real Liquid Assets. Bus: (509) 485-3912/Mobile (425) 785-9559; www.purewater.org

Vacation & Travel Services

Best Lodging. One click away from a great place to stay; (530) 518-7729; www.bestlodging.com

Apothecary Enterprises. Travel packages; (707) 459-2576; www.apothecarytravel.com

Patient Accessories

4-Star Smoke Shop. 22554 Foothill Blvd. Hayward; (510) 888-9471; 516 East 3rd Ave., San Mateo (650) 685-7951; 7B Purity Plaza Woodland (530) 661-9935; 531 Sea Pright Ave. Santa Cruz (831) 420-0999

Galaxy Gallery. Exotic Pipes, Art Gallery, Chronic Café, Funky Lounge. 7224 Melrose Ave., Los Angeles; (323) 936-2074

Mary Jane's House of Glass. 212 NE 164th #19 Vancouver, WA; (360) 514-8494 Seven Leaf Brotherhood. Patient medicating kits, common sense, knowledge, power; www.7lbh.org

Vapolution Vaporizers. The original glass on glass vaporizer; (530) 894-8148; www.vapolution.com

Vapor Store. An extensive collection of world-class vaporizers; (510) 595-8273. www.vaporstore.com

Stinky Clean. Completely re-useable multi-cleaner; (916) 439-7282; www.stinkyclean.org

The Twilight Zone. Gift and smoke shop; 24058 Mission Blvd. Hayward, (510) 538-7945; 1630 El Camino Real, San Bruno, (650) 952-1670

Tattoo & Piercing

Lyle Tuttle Tattooing. 841 Columbus Ave. San Francisco; (415) 775-4991; www.lyletuttletattooing.com

Printing/ Illustration/ Graphic Design

Pacific Printing. Commercial & Instant Printing, Graphic Design, Copies; 8239 West Third St. Los Angeles; (323) 651-4964; 2print@sbcglobal.net Designs by Sonia. Illustration & Graphic Design; (415) 613-2513; soniasanchez@earthlink.net

Political Information

Lynette Shaw. Lt. Governor Candidate, Medical Cannabis Activist; www.voteshaw; info_lynette@voteshaw.info

Pamela Elizondo. Green Candidate; pamelizondo@hotmail.com

Republicans for Compassionate Access. (513) 207-3964; rrr@robryan.org

Patient Information & Self Education

NORML. National Organization for the Reform of Marijuana Laws. www.norml.org

Americans for Safe Access. Promoting safe and legal access to cannabis for
therapeutic use. www.safeaccessnow.org

Norm Stamper, Ph.D. Author and former chief of the Seattle Police force; (360) 376-2507; www.normstamper.com

Students for Sensible Drug Policy. (202) 293-4414; www.ssdp.org
The Vancouver Island Compassion Society. (250) 381-8427; www.thevics.com
ZigZag-it. Medical cannabis directory; (818) 421-7484; www.zigzag-it.net
WeedTracker. California cannabis co-op news, reviews, and photo menus;
www.weedtracker.com

Harborside Health Center, continued from page 25

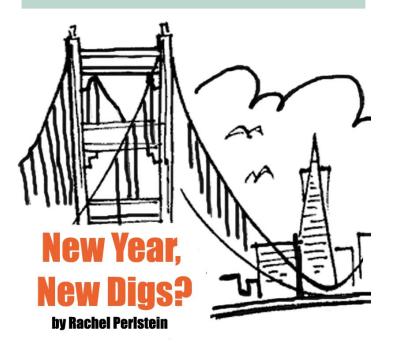
Another area we have tried to improve is the whole process of selecting the right medicine. We are committed to giving every patient a calm and unhurried opportunity to examine the medicine and ask questions about it, smell it, etc. so we make sure to have sufficient counter servers on duty at all times. Samples of every type of medicine in stock are clearly displayed on the counter and we provide a handheld 30x microscope and high intensity light at each counter station.

And then of course there is the medicine itself. *HHC* has, without question, the most extensive selection of medicine in the East Bay. Our bar usually has between 40-50 flowers, around 15 concentrates, 25+ edibles and clones, of course. Prices range from \$15 to \$60 an eighth, and we always make sure to have plenty of nice budget selections. Our counter staff is well informed about our selections, and happy to answer any and all questions.

The *Harborside* project would not have been possible without the active support of the City of Oakland. Oakland was the first city in California with the courage to follow the mandate of the voters, and explicitly license and regulate medical cannabis dispensaries.

Our strategy for change is to demonstrate that when local municipalities actually do the right thing and license us, that the medical cannabis movement is capable of stepping up to the plate and providing a first-rate, well-equipped, professionally managed health care facility.

Our goal is for other activists to replicate our example. Our dream is for local jurisdictions to recognize that licensing enables and promotes legitimate dispensaries; that negative stories about sketchy dispensaries will be replaced with glowing reviews; and that jurisdictions will reconsider replacing moratoria and bans with dispensary licensing programs. Our work continues until every patient in need, wherever they are located, is treated with the respect, kindness, and cannabis that they deserve.



ookin' for a new place to kick-off your shoes? How about a change of scenery, or an ambiance upgrade? Well, maybe you, like many others, were thinking of spending some hard earned holiday cash on a swanky 420-friendly new pad.

Hopefully, if this is true, you have some of Uncle Rico's sweet moola stored in a little lock box under your bed, a secret hole in the backyard, or just plain in the bank, because it doesn't look like the city of San Francisco is getting any cheaper in 2007.

If your best friend's boyfriend doesn't have a rent controlled place he's trying to get rid of, or your don't have a high-paying pimped-out job, then you may want to say goodbye to that new place.

Many people currently living the the city already feel as if they pay too much for rent. It is even harder to find a renter that feels what they pay is worth the space they are in turn provided. For these reasons numerous people have already been moving the also 420-friendly East Bay where transportation is readily available, as well as a much prettier ticket price on a place to squat.

Apparently, (with a little help from *Craig's List*) a seriously basic 1-bedroom apartment in the Tenderloin District is going to cost about \$600 to \$950. That is if you can stand the loud noise of the debauchery going on outside at all hours of the night. This price is completely ignoring the fact that a classy tenant like yourself might want to have an amenity or two. All the sudden dishwasher appliances become a reason to charge \$100 more a month and it's sounding more and more ridiculous. Begin upgrading with nice add-ons like a washer and dryer or a disposal to that one bedroom in a decent neighborhood and your are looking at spending at least \$1,000 / month. Is your head spinning yet? Don't forget about that shiny new Prius. Once again add a whopping \$150 for that parking space per month and you've got yourself a bonafide bank breaker.

This may be when you want to think about one less amenity for your rock star self, or kickin' it OG style in the crib you already call home. If you too were thinking this new year might be the right time to make some big moves, you may want to think again before your wallet kicks you in the booty and your bank account implodes. No one wants to say goodbye to good credit and hello to the man.

Our Mission

Greenkind Serves as the Medical Cannabis community informational connection. We provide objective information about the goods, services, and issues relevant to medical cannabis its production, dispensation, use, effects, and political status. Each month we feature informative articles from all aspects of the medical cannabis community from seed to consumption. Our goal is to be the public forum that connects the community giving it a voice and a means for growers, doctors, lawyers, political activist, patients, and dispensaries a place to share their story.

Greenkind is distributed through medical cannabis dispensaries throughout California and in states where medical cannabis is dispensed in the hope that patients and workers in the field, feel connected not only to each other, but to their providers as well. It is understood that true identities may not be revealed, but the information brings medical cannabis into the public forum in clear, forthright, manner. We believe that by providing a public forum in the written, printed word as well as on the world wide web, we are acting as a unifying force that sets differences aside and underscores the public's need for medical cannabis availability and for clean, regulated, comfortable and safe dispensation of the product.

As *Greenkind* makes its way from patient to the public at large, information will disseminate to educate and to dispel the stigma associated and propagated by organizations threatened by the use of medical cannabis.

We are dependent upon the community for support. Advertising in *Greenkind* is also a source of information that has been historically limited. Purveyors of goods also have an opportunity to discuss their products, their uses and how it can help patients secure the best possible methods to grow, store, and consume medication. A community bulletin board is provided for notices, events, and relevant information for our readers.

Our intent is heart-felt and founded in compassion and care. By being a mirror of the medical cannabis community, it is our desire to bring understanding, dignity, and opportunity to all aspects of medical cannabis, and its benefits not only to patients and providers, but to the public at large.

Over, Down, Direction e.g., 3 over, 1 down, east



CANNABIS PUZZLE HINTS FROM PAGE 23 BUDDHA LOUNGE (14,3,SW)
DOCTORS ORDERS (20,1,S)
FARMACY (20,20,NW)
GRASS ROOTS (18,10,NW)
GREEN DOOR (1,3,E)
HOPE NET (18,1,W)
KARMA COLLECTIVE (1,10,E)
KETAMA (16,7,N)
LOVE SHACK (1,19,NE)
MARVINS GARDENS (7,1,SE)
MR NICE GUY (3,1,SE)
PEACE OF GREEN (17,18,W)
SANCTUARY (15,12,S)

VAPOR ROOM (19,12,N)

WE ARE HEMP (12,11,SW)

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Marijuana U.S.'s Top Cash Crop, New Study Finds

U.S. Marijuana Crop Worth More Than Corn, Wheat Combined

ASHINGTON, D.C. — Marijuana is now the most valuable cash crop in the U.S., exceeding the value of corn and wheat combined, according to a new study released today. This is so despite decades of marijuana "eradication" campaigns in which over 100 million marijuana plants have been destroyed.

"The fact that marijuana is America's number one cash crop after more than three decades of governmental eradication efforts is the clearest illustration that our present marijuana laws are a complete failure," said Rob Kampia, executive director of the Marijuana Policy Project in Washington, D.C. "America's marijuana crop is worth more than our nation's annual production of corn and wheat combined. And our nation's laws guarantee that 100 percent of the proceeds from marijuana sales go to unregulated criminals rather than to legitimate businesses that pay taxes to support schools, police and roads."

The report — prepared by researcher Jon B. Gettman, who has a doctorate in public policy and specializes in economic development — can be downloaded at at www.drugscience. org/bcr/index.html. Key findings include:

• Using conservative price estimates, marijuana is America's top cash crop, with a value of \$35.8 billion this year

- exceeding the combined value of corn (\$23.3 billion) and wheat (\$7.45 billion) combined.
- The top marijuana producing states are California, Tennessee, Kentucky, Hawaii, and Washington. Marijuana is the top cash crop in 12 states and among the top three cash crops in 30 states.
- Despite intensive marijuana eradication campaigns that seized over 103 million cultivated marijuana plants and wiped out an average of nearly 36,000 cultivation sites per year, U.S. marijuana production increased tenfold from 1981 to 2006, from 1,000 metric tons (2.2 million pounds) to 10,000 metric tons (22 million pounds), according to U.S. government estimates.

This enormous growth in marijuana cultivation, despite massive eradication efforts, indicates that "marijuana has become a pervasive and ineradicable part of our national economy" that should be put under a system of legal regulation.

With more than 21,000 members and 100,000 e-mail subscribers nationwide, the Marijuana Policy Project is the largest marijuana policy reform organization in the United States. MPP believes that the best way to minimize the harm associated with marijuana is to regulate marijuana in a manner similar to alcohol. For more information, please visit www.MarijuanaPolicy.org.

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