

Mid-month • July-Aug, 2006
Vol. I, No. 3

greenkind magazine

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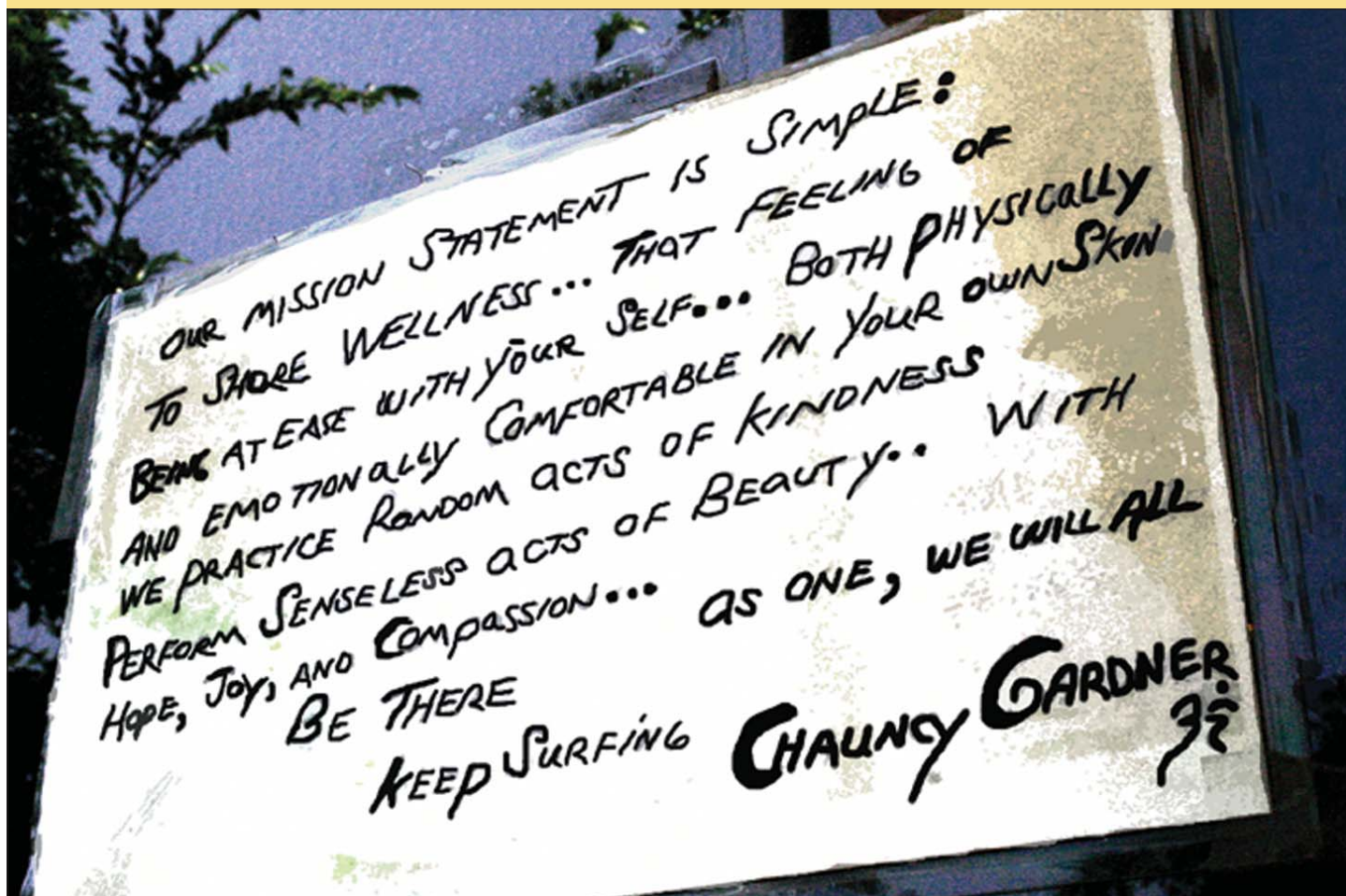


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Santa Monica Boulevard as approached from the 405 Freeway in Southern California, winds through Beverly Hills and crosses many famous street names like Rodeo Drive, Sunset and Wilshire Boulevard — each street a Hollywood legend. Then, just as one tires of gawking at block after block of huge elegant 90210-style houses, the boulevard opens into the area known as West Hollywood. There is a small-town feel to the place, but not like small-town television-style. It is much like Berkeley's easy way with creativity while there is the flavor of New York City with the scent of food cooking in the air, and the beat of San Francisco softened with the warm breezes of the southern California beaches.

West Hollywood is unique in that cultures meet and bump against one another in a weave of flavor and color rather than a muted blend. Neighbor to neighbor there are vast cultural differences, yet there is laughter and music coming from the shops and bakeries. People from the Middle East, Far East, countries to the north and south, weave with Europeans, and cowboys and folks

from the Southern states, Caribbean islanders, and East Coasters too. Here it seems people feel free.

"... cultures meet and bump against one another in a weave of flavor and color rather than a muted blend."

Smack in the middle of this wonderful weave is *The Farmacy*, a compassionate collective for doctor recommended cannabis patients. The building seems to glow a bright gold and beckons a welcome as it sits silently among the other less brilliant shops. Patients' artwork fills the walls gallery-style. There is playfulness in the air, yet absolute formality and great attention paid to the identification and verification process of each patient. Because every criterion *MUST* be met *with no exceptions*, the dispensary is secure, open and airy. No half-way measures result in both a safe facility yet, so open that the open sign reads, "Very Open," and it has as many meanings as one can think.

continued next page



It is Chauncy Gardener that sets the tone of top level professionalism with his leadership founded in knowledge and experience that promotes regular and frequent staff meetings. Every staff member attends because everyone *wants* to attend. The staff is not only proud of the facility, but of each other as well. Ideas are shared, and service improved with each meeting. This attitude permeates the dispensary. There is a mission and a purpose behind the service, and top-grade quality herbs including cannabis.

Chauncy Gardener is always busy. He picks up a slip of paper from the floor, pats a patient's shoulder as he passes, and nods to the reception desk people processing incoming patients. He stops at the door, on the way to his car, to discuss a patient's progress and to congratulate a neighbor for some unknown victory. He



looks like a surfer who knows how to surf. He is experienced and his priorities are set. He is hard at work, pursuing a complete stock of herbal medicines to include medical cannabis with a full staff of professionals knowledgeable in the use of herbs as medicine.

Chauncy views his patients as complete and whole beings with physical, spiritual, emotional and mental aspects. It is from this position each patient is greeted and served. It is also clear to see that the patients know the Farmacy's founder and seek him out to tell some news, share a joke or to seek advice. This keen sense of balance is evident as is the overall quality of the medications, the services rendered, and the resulting well-managed, well-stocked dispensary is indeed serving the patients of West Hollywood well. This facility and its management must be considered a model dispensary that may influence the role of the dispensary of the future.

There is a surf board propped-up in the reception area. It leans against the wall as if expecting to be scooped up any second now. A big hand will hug the board close and swing it onto a rack of a waiting vehicle. That is the intent of Gardner at any rate. He is hoping everyone will plant him out of a reason to spend his time creating a truly model dispensary where patients are valued and enriched simply by walking in the place.

It is worth the time and effort to have your paperwork in proper and correct order complete with seal, dates, signatures and proper identification to visit this most wonderful of dispensaries. The level of caring here is apparent upon arrival, the quality and



The Farmacy — West Hollywood, Santa Monica Boulevard

selection of medicinal herbs and cannabis is amazing.

The staff is informed and helpful, and there are enough staff to move the patients efficiently through the counter area while taking all the time necessary to attend to their needs.

For more information about the Farmacy go to:

www.MedicalMarijuanaFarmacy.Com or phone 323-848-7981.





How to choose Babies

by Staff

First, be sure to call your local dispensary to check and see if they have a fresh stock of babies on hand before you head out to make your selection. Make sure you know the growing limits of your geographic location and stay within the limits.

It is best not to touch the baby while making a selection. The staff working with the babies can handle the plant and show the freshness of the roots, stem and leaves. Usually babies are handled with latex gloves to protect from infestation, bruising and other damage.

Remember, not all babies are going to make it to maturity and harvest. Be prepared for some losses, and follow the farmer's rule of starting 3 babies for every one plant you intend to harvest.

Greenkind Magazine thanks the management and staff of **1944 Ocean — San Francisco** for the expert advice and photo-shoot contained in this article. For more information on baby selection call the **1944 Ocean** staff at **415-239-4766**.



The root mass on a baby is important to check. The roots need to be totally white. No brown or yellow colorations. The exposed roots must not be touched — just checked for pure white color and a fresh crisp look.

The Overall Look of the Plant The plant should be green and fresh looking. No brown or yellow marks or spots on the plant. The rooting sponge should be moist and soft, but not dripping or sitting in water. The plant should look vibrant, healthy and strong. The stem is not woody, or brown and thick. Supple, thinner stems denote a healthier plant.

The stock The baby stock needs to be succulent with water content. Thicker stocks are less desirable than thinner stock that is fresh and full of moisture. Stocks should not be woody, but a nice fresh green.

Nodes Look for multiple identifiable nodes. Make sure there are at least 3 to 4 nodes on each baby plant.

New Growth Look for new fresh growth. The leaves although small, need to be fully formed with a bright green color.

Cut Leaves Should you see leaves that have been sheared or cut at an angle it is done so the babies will fit into a tray and to prevent leaf-rot. Even the cut leaves should look fresh, no curling, or yellow or brown on the leaves of both the cut and new growth leaves.



Good luck this growing season and may all your babies come to harvest this autumn. 🌿

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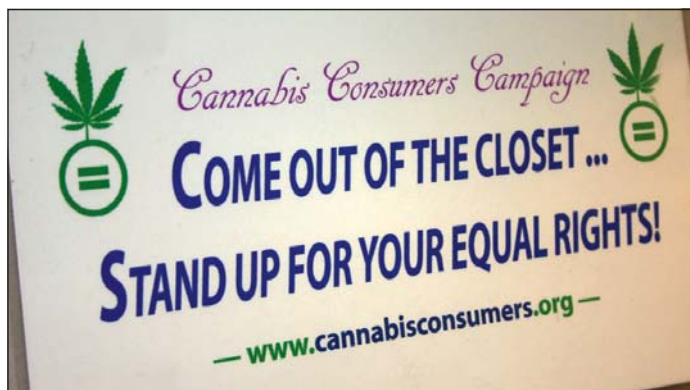


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DID YOU KNOW?

1925: Concerned by the high number of "goof butts" being smoked by off-duty servicemen in Panama, the U.S. government sponsors the "Panama Canal Zone Report." The report concludes that marijuana does not pose a problem, and recommends that no criminal penalties be applied to its use or sale.

Presbyterian Church Endorses Medical Marijuana

*Congress to Vote on Measure to Stop
Raids Next Week*

WASHINGTON, D.C. — With the U.S. House of Representatives poised to vote on a measure to stop the Drug Enforcement Administration (DEA) from arresting medical marijuana patients in states which permit medical use of marijuana, the General Assembly of the Presbyterian Church (USA) has become the latest religious body to endorse legal access to medical marijuana for seriously ill patients.

The resolution, passed by consensus on June 21, affirms "the use of cannabis sativa or marijuana for legitimate medical purposes as recommended by a physician" and urges "federal legislation that allows for its use and that provides for the production and distribution of the plant for those purposes." The Presbyterian Church (USA) now joins the United Methodist Church, Episcopal Church, United Church of Christ, Union for Reform Judaism, Progressive National Baptist Convention, and the Unitarian Universalist Association in support of medical marijuana.

Next week, the House of Representatives is expected to vote on the Hinchey-Rohrabacher amendment, which would bar the U.S. Department of Justice - including the DEA - from using its funds to interfere with the implementation of medical marijuana laws in the 11 states that have them: Alaska, California, Colorado, Hawaii, Maine, Montana, Nevada, Oregon, Rhode Island, Vermont and Washington.

"Being seriously ill is stressful enough already without living in fear of arrest for taking doctor-recommended medicine," said Rev. Jim McNeil, a representative of the Homestead Presbytery in Nebraska, the regional body that brought the resolution to the General Assembly. "It is the job of religious denominations to give voice to those who cannot speak up for themselves. We pray that Congress will have the compassion to stop this war on patients."

"This action by the Presbyterian Church is further proof that protecting medical marijuana patients is simply not controversial," said Aaron Houston, director of government relations for the Marijuana Policy Project in Washington, D.C. "A lot of people mistakenly believe that the issue of medical marijuana is 'incendiary,' but that's simply not true. An overwhelming majority of Americans want cancer and AIDS patients to be able to use medical marijuana under their doctors' care, and it's time for Congress to listen to the voters."

A November 2005 Gallup poll showed 78 percent support for allowing doctors to prescribe marijuana.

With more than 20,000 members and 100,000 e-mail subscribers nationwide, the Marijuana Policy Project is the largest marijuana policy reform organization in the United States. MPP believes that the best way to minimize the harm associated with marijuana is to regulate marijuana in a manner similar to alcohol. For more information, please visit <http://MarijuanaPolicy.org>.



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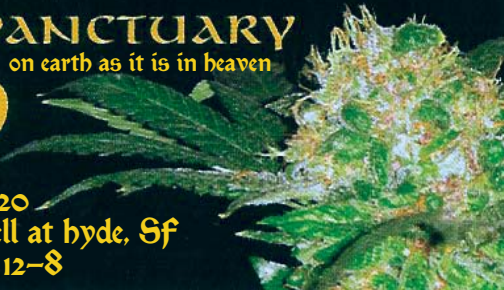
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Inspired by *Miss Ida*

A New Menu of Soup, Sauces and Delicious Dessert

"Miss Ida lived a long, vivid and fulfilling life, but near the end, not so long ago, it was family and medical cannabis that comforted her."

by Staff

Miss Ida was born in London in 1909. Being a bit of a bohemian before World War II, she enjoyed being young in London. After the war began, she married a young RAF officer and spent most of the war years dodging rockets and bombs. She joined her neighbors to sleep in the subway station at night that served as a bomb shelter. After four years, of separation, at the war's end, her husband returned to London to reclaim his pre-war life. Now a reporter, he and his young bride moved with their newborn son to Paris, where *Miss Ida* began her love affair with cooking.

Two years spent in France, soon gave way to the family relocating to Southern California. As the family's fortune increased, *Miss Ida* became known for her fantastic cooking and hospitality. She could taste a dish in most restaurants, and prepare the same dish at home the next day. Dinner parties and buffets were a regular offering in *Miss Ida's* home.

Miss Ida lived a long, vivid and fulfilling life, but near the end, not so long ago, it was family and medical cannabis that comforted her. Her recipes and cooking secrets have been passed on to family. As it was, they used *Miss Ida's* favorite recipes infused with *Kush kief* to stimulate and increase her appetite and for pain management. And it worked for *Miss Ida*. Her last days were spent doing what she loved most, enjoying meals with her beloved family.

Miss Ida created outrageously tasty soups and sauces that family members, entrusted with the coveted recipes, used to create meals for her when eating became a chore and her pain more constant. Family and friends, as well as *Miss Ida* herself, found peace and comfort as she responded well to the infused food. She could easily ingest her soups and sauces since they also helped her feel better during those last days. After *Miss Ida's* passing the family felt the infused meals truly were a comfort and helpful to *Miss Ida*. The family has compiled *Miss*

Ida's favorite recipes and developed a line of *Miss Ida* infused foods, so others can also benefit.

Miss Ida could easily sip a cup of warm, deliciously infused-soup before a meal. The more she sipped, the hungrier she became, so when she was served mild curry sauce over rice, she ate it and felt stronger, more like herself, able to visit with family and friends, and most importantly, maintain her life-long cheerful and gentle nature.

The family is now offering a full menu of *Miss Ida's* infused foods. Soups and sauces, brownies, and *Miss Ida's* own chocolate truffles, a chocolate lover's delight, from a recipe she mastered while living in Paris.

Being true to *Miss Ida's* demand for the highest quality and most fresh ingredients possible, the foods begin with the finest, freshest, most healthful ingredients available. *Ghirardelli Chocolate and Cocoa*, imported vanilla, organic sugar, preserves, and mascarpone cheese, to name a few.

However, the most important ingredient of *Miss Ida's* foods is 1/3 gram of *Bubba Kush kief* which is used exclusively for each serving to infuse soups and sauces as well as a few of *Miss Ida's* most tempting of desserts like *Miss Ida's Big Brownies* and the delightful *Chocolate Bubba Truffles*. The medicinal potency is guaranteed to be consistent and "a satisfying dose of medicine."

Miss Ida infused foods are available at many Southern California dispensaries now. If you don't see *Miss Ida* looking back at you, be sure to ask. Your dispensary may be able to stock a menu of *Miss Ida's* foods for your dining pleasure. *Miss Ida* can provide a full menu of items for special order, including pizza, frittatas, lasagna, Thai and Indian curries, cakes, pies, cookies and more. Your local dispensary may schedule a private tasting presentation of *Miss Ida's* menu by calling 909-708-7104 or email: missidasmeds@aol.com ✚



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The Night I Almost Lost Jack

Dr. Diane's Hemp Dinner Extravaganza

by Eddy Lepp



Yvonne "The Snake Lady" only made it better

This wasn't the first, nor will it be the last time I lose him but it was one night we will both remember. We were blessed to have Dr. Diane prepare a cannabis infused meal for us. Steve B., producer of *Hempin' Ain't Easy* (one of my favorite shows) came up with her to film the whole thing for his show. They brought their friend Bruce with them to help with the preparation of the meal. Our own lovely Erica and darling Valerie helped serve this truly amazing meal.

The guests for this dinner were Jack "The Emperor of Hemp" and his lovely wife Jeannie Herer, the queen of the world as I know it, the itty bitty pretty one, Linda and myself. Craig filmed the whole thing for *Hempin' Ain't Easy*. We started with what I believed to be the most decadent items of the night, infused organic strawberries rolled in seva, they were delicious and very powerful. They were served with a veggie tray and a cannabis infused ranch dip. After some idle chit chat and much laughter we sit down for dinner. We were

served a wonderful cannabis infused organic salad with a cannabis infused organic ranch dressing and organic sour-dough dinner rolls. We then moved on to our main course which was awesome. Cannabis infused chicken, potatoes, and asparagus, all cooked to perfection. As none of us drink, we washed it down with a variety of juices, waters, and my soda. Steve and Dr. Diane joined us for dinner

as we stuffed ourselves silly (oh, I forgot the dressing was cannabis infused, of course).

The talented and charming and most beautiful Yvonne "The Snake Lady" danced for our pleasure. As always she stole the show. She performed with her trusty Bling Bling, an albino Burmese Python, and graciously joined for what proved to be the most decadent ending to a perfect meal, dessert. This evening's dessert was "Brake", part brownie and part cake, topped with strawberries and every last bit of it infused with cannabis of course. This meal was scandalous and decadent and one of the best I have had in years.

Everyone was impressed to overwhelmed that Linda, who is stage four lung cancer and is in chemo, ate and ate, cleaning her entire plate, which is rare for her these days. She pointed out that as she ate, the more she wanted to eat. This is critical for so many who use the sacred herb but can't smoke it. Dr. Diane's oil is incredible. These are the type of things that must be encouraged and continued to be produced if we are truly going to help the sick.

Now if you have kept track of how many times I used the word infused, you might start to guess about Jack. After dinner we watched *Hempin' Ain't Easy* and the good Dr. Diane blessed Jack and I yet again when she gave us our own bottles of cannabis infused oil. I am not sure how she makes it but it works and tastes wonderful.

It seems that as the evening came to a close that we were a well fed happy, no, make that very happy bunch. I found

continued next page






Dr. Diane, Linda, Eddy, Jack Herer, Jeannie and Steve at the ready

Jack; he was on the couch and shortly there after retired to the Jack Herer suite, Jack's regular room in Linda's and my home. Everyone else decided to stay the night also as dinner had worked very well on all of us. Thanks so much to Steve and *Hempin' Ain't Easy* for making this happen, to Bruce for bringing them all up and prep help, Dr. Diane for a great meal and

wonderful night, Craig for filming for *Hempin' Ain't Easy* and still getting my shots for this article, Erica, Valerie, Tom, Rose, Yvonne, Justin, Jack, Jeanie, and my darling Linda. Thank you for reading.

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Defy Gravity and impress your friends with your homemade Waterpipe

by Marcella Sanchez

For many patients nothing beats a rip off of their favorite glass water pipe. Usually, they are beautiful, functional works of art. A personal water pipe is an investment and a reflection upon your medicating style. Water pipes come in all types from elaborate colorful blown-glass multi-chamber with glitter and an ice catcher, to the affordable amateur plastic water pipe. However, nothing is more fun than taking a little time and making something for yourself.

1. All the tools you'll need. ▶

Empty 2 liter

Large Pitcher

Awl, drill bit, or nail

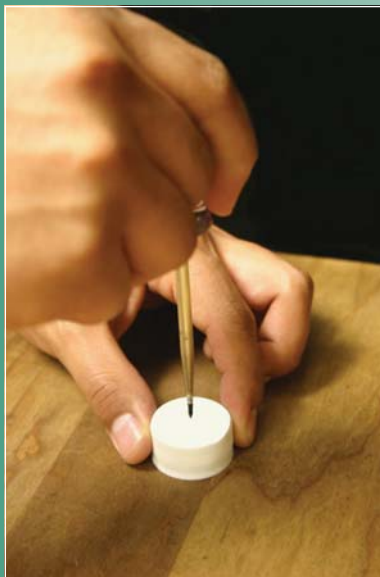
Flame

Glass Bowl

Sharp Knife

2. Heat awl tip until it's hot enough to go through the soda cap with ease.

3. Remove soda cap from the bottle and drive the hot awl right through the center (this may take more than 1 try). ▼



4. Once the center of the hole is large enough, slip in the glass bowl. The hole should only be slightly larger than the stem of the bowl to ensure a proper air tight seal.



5. For the best draw possible seal the bowl to the cap with the aid of duct tape*



6. Set the bowl aside and carefully cut the bottom off of the plastic bottle. BE VERY CAREFUL! ▲

Finished cut bottle



7. Fill the pitcher with ice and enough water to fill the plastic bottle with 2 inches to spare at the top and put in the plastic bottle. ▲



8. Pack a bowl of your finest medicine and screw the bowl onto the bottle.**



9. Light bowl while slowly dragging the bottle up from the water. The slower the draw, the thicker the smoke. ▲

10. STOP PULLING BEFORE THE BOTTOM OF THE BOTTLE COMES OUT OF THE WATER! Carefully unscrew the bowl and exhale before wrapping your lips around the top and inhaling while pushing the smoke into your lungs by pushing the plastic bottle back down into the water.***



TIPS:

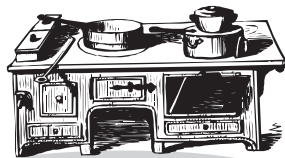
*Don't use too much duct tape; just seal the bowl to the cap. Do not wrap the tape under the cap.

**Make sure that you put the bottle in the water before you screw on the cap or your meds will go flying.

***Think of your position before lighting the bowl. Sitting with the pitcher on a low table is good. Always start from above, not level or you may miss out on some of the smoke.



Recipies



Excerpts from Marie Matlock's *Krafty Cannabis Eatables*
by Marie Matlock

MARIJUANA DAIRY PRODUCTS


All dairy products can be made into cannabis products, and can be reconstituted back into the original form. For example, whole milk, buttermilk, whipped cream, sour cream, cream cheese, etc.

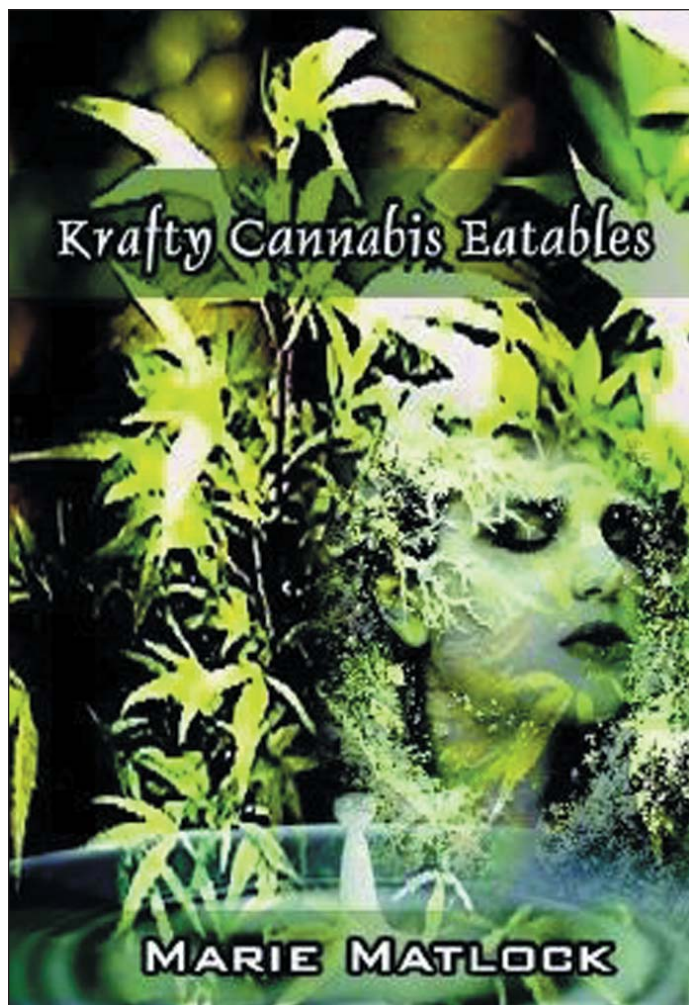
Begin with 1/8, 1/4, 1/2 or 1 cup of a dairy product. To taste: a small bud, finger crushed or 1/4 to 1/2 cup marijuana: bud, leaf, seeds, stems, or pulverized root.

Combine both ingredients in a pot and bring to a gentle simmer for 5 to 25 minutes (depending on the strength); strain through a coffee filter, oil filter, wire strainer or cheese cloth. Discard wet marijuana. Use marijuana dairy product as if it were regular.

SIMPLE CANNABIS CREPES (makes 16 to 18 6" crepes)

1 cup marijuana milk; 2 eggs; 1 cup flour; dash salt;
2 tbs melted butter

In order listed, put the ingredients into blender and blend well. Pour batter into bowl, cover with plastic wrap and refrigerate for 2 hours. Meanwhile, heat a 6" to 7" sauce pan set at medium heat, moisten a paper towel with oil and rub the inside of the pan. Pour about 3 tbs. of batter into the pan. Tilt the pan to coat the bottom evenly. When golden brown, turn the crepe and cook about 1 to 2 seconds. Remove and place on rack to cool and to stuff at a later time, or stuff immediately and serve. Repeat process to make remaining crepes. 



Cannabis STRAIN NAME Search

AFGHOOEY
BIG BUD
FLOW
HASH PLANT
HINDU KUSH
LAVENDER
MAUI WOWIE
PHARMACY
PURPLE STAR
ROMULAN
SUPER KUSH
SWEET TOOTH
ULTRA SKUNK
WHITE WIDOW
(hints on pg. 20)

F	H	I	N	D	U	K	U	S	H	E	M	U	P	W
H	W	R	K	H	W	N	C	S	I	J	L	Y	H	H
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U	D	P	L	A	N	S	O	L	R	O	K	P	R	T
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E	G	A	L	U	I	K	E	B	L	V	O	X	C	I
P	I	V	A	F	U	K	D	L	E	A	J	R	Y	D
U	B	M	H	N	O	S	T	N	P	V	N	C	W	O
S	G	P	K	Z	T	E	D	K	E	R	Q	T	M	W
H	T	O	O	T	T	E	E	W	S	T	U	L	F	A
V	P	C	P	P	R	V	T	Q	N	J	P	P	W	X
K	F	I	D	D	X	R	T	G	T	T	Y	O	K	G
G	V	R	S	K	X	W	X	T	H	U	H	M	N	S
T	O	G	Y	E	O	O	H	G	F	A	V	Q	M	I


California Canna-Meds Co-Op

by Rogue420

Canna-Meds Co-op provides a relaxed atmosphere and a friendly staff offering a selection that varies from the High Times high-grade medicine to the less expensive mid-grade to accommodate every patient. All are welcome from locals to visitors afar. Bring your California ID and original Doctor's Recommendation with you. The staff is very cordial and the verification process is as quick and painless as you will be after leaving this up-and-coming collective.

A modest variety of healthy clones were available when I

arrived as well as consistent quality edibles. The Trainwreck here was exceptionally smooth and medicating with no harsh overtones. The prices are very reasonable. I loved the medical cannabis jars they offer for sale with the medicine and the grinders, from inexpensive to high end. They also had an incredible water shish extract selection that I was drooling to sample.

Roman and Daniel are very caring, nice guys who truly are providing a good service to the patients of Bakersfield and should be proud of their work. It was my pleasure to visit them. 

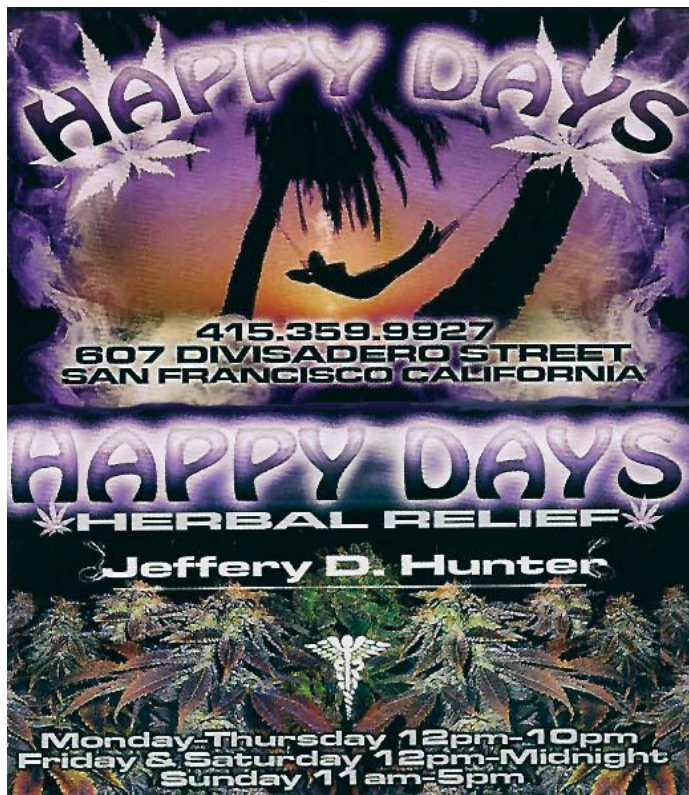


Dispensing Medical Cannabis . . . Bakersfield style



California Canna-Meds Co-op special Cannabis Jars

Photos by Rogue420



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Be sure to check out our Medical Cannabis Doctor and Attorney support listing, page 27

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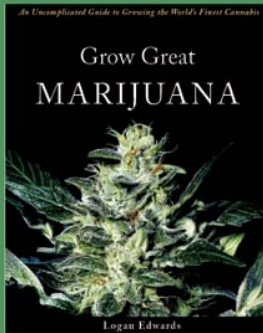
Over, Down, Direction
e.g., 3 over, 1 down, east



**CANNABIS
PUZZLE
HINTS
FROM
PAGE 18**

AFGHOOEY (11,15,W)
BIG BUD (2,9,N)
FLOW (3,5,NE)
HASH PLANT (5,2,SE)
HINDU KUSH (2,1,E)
LAVENDER (13,5,SW)
MAUI WOWIE (3,9,NE)
PHARMACY (14,1,S)
PURPLE STAR (13,12,NW)
ROMULAN (13,8,NW)
SUPER KUSH (1,10,N)
SWEET TOOTH (10,11,W)
ULTRA SKUNK (13,1,SW)
WHITE WIDOW (15,1,S)

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What Is This Hemp Thing Anyway?

AN OVERVIEW

by Melrose Sanchez



We hear the word hemp thrown around here and there, and we sort of know there is some connection between hemp and cannabis. We know we can buy hemp clothing on the web or at specialty shops. Most of us have never owned a hemp shirt and have little working knowledge of the hemp plant and its uses. The consequences for this lack of knowledge are very far reaching.

Actually, hemp is a cannabis plant known for its industrial uses. It has an ultra-low amount of cannabinoids or THC level; even when consumed or smoked there are no detectable psychoactive repercussions of any kind. Hemp is a member of the cannabis family like marijuana; the marijuana plant matches the hemp plant in productivity, and also has psychoactive cannabinoids (a high THC level useful as medicine). Until the late 19th century the people of the world wore hemp fabrics and used marijuana as medicine in any number of ways on a daily basis.

The list of products and uses for hemp is seemingly endless. Why have we not known that the diesel engine was designed to use hempseed oil as fuel and that *a diesel engine needs no modification to use hempseed oil right now* — today? It is a wake-up call to consider that *one acre* of hemp produces *300 gallons* of hempseed oil that is also the most healthful, nutritionally balanced oil for human consumption as well as high quality fuel with little or no impact on the environment. That same single acre also produces over *three tons of various other products*.

A great virtue of hemp is it can be harvested every 120 days. That is three full crops during what is traditionally a single crop growing period. Two types of fiber are extracted from hemp. *Blast fiber* accounts for about 20% of the plant. It is used to make thousands of textile products like rope, canvas, cloth, fabrics, and fine lace. The remaining 80% of the plant is called *Hurd fiber* and is a wooly-type fibrous substance that is 75% cellulose. Hurd fiber can be used in making another 25,000 products ranging from explosives to cellophane and paper

continued on page 25



products. Hemp paper is historically proven to be the highest quality paper available. Fiberboard produced from Hurd makes building materials said to be stronger than steel, is virtually fireproof, and stands up to the natural elements like wind and rain far better than current building materials.

Historically, hemp was grown in America. George Washington along with most farmers grew hemp to make cloth, rope and other necessary products for his farm and as a cash crop. Our own Declaration of Independence is written on hemp paper. Hemp is woven into the fabric of our history. Betsy Ross used hemp fabric and thread to make the first American flag. Yet, for the past one hundred years, there has been a calculated effort on the part of the cotton, petrochemical, and lumber industries to link hemp production to marijuana as an illegal substance, consequently, prohibiting hemp production in the United States.

“Perhaps one day we will see vast crops of hemp in our own San Joaquin Valley . . .”

This ongoing restriction created a dependency on petro-oil, lumber and cotton as basic elements of global daily life. *These are the most environmentally destructive of all products.* The chemicals and pollutants required to produce enough oil, cotton and lumber is deforesting old-growth forests, changing the climate, creating a sense of “not enough” or “lack” that in turn produces shortages, raises prices, causes wars and economically destabilizes families as well as nations.

Many countries and states within America, for example, California and other agricultural or farming states as well as areas with lesser agricultural virtues could successfully grow abundant hemp crops to bolster the economy and to increase American production. Widespread hemp growing in California and elsewhere could result in a more healthful selection of foods and goods that are produced in an ecologically sound way. It could bring a great economic and environmental stabilization.

It seems an outrageous claim that a single plant could have such a large impact on our planet. Hemp is easy to grow, produces useful and quality products, has an extended growing-season and can thrive in most climates.

The effort to eliminate hemp as a resource seems calculated to profit the few while eliminating vast populations from the world market. Our environmental, economic, and compromised health is the result of a total dependency upon petro-products such as fuel, cotton as clothing and wood-based paper products. Also consider that over 40% of the world's cut trees goes to feed the current paper industry.

Historically, hemp is a proven product since it was the main source of paper, rope, canvas, fabric, and oil for thousands of years. The damage done in the 100 years that hemp has been erased from our society and made illegal may take generations to repair. It seems it is time we call upon our government officials for the inclusion of hemp as a resource. We need the products and nutrition this plant can provide within weeks of it first planting. We need a fuel that does not cost the pick-of-the-litter, and we need a clean environment — NOW.

There are no records of the first agricultural crop produced by mankind, however, it has been argued that marijuana would have been the most productive and available plant for early man to cultivate from seed to harvest. The medicinal value combined with the uses for the plant fiber that is also high in nutritional value makes it attractive to most people of any era and culture.

It is being said in many circles that hemp could truly aid in creating and maintaining a global balance both economically, and environmentally. This plant could improve living conditions for every individual on the planet as well as future generations. To learn more about hemp products and to get the latest updates on hemp-happenings check out www.Cannabis.Com. Perhaps one day we will see vast crops of hemp in our own San Joaquin Valley, our clothing will be made from hemp cloth and our vehicles and our French fries will have hemp-seed oil in common.





OAKSTERDAM

by Melrose Sanchez

Nestled among the streets of downtown Oakland is an area known as *Oaksterdam*. With a skyline of architecturally unique buildings, many dating from the post 1906 Earthquake and the Depression Era, gives the Oakland buildings a flamboyant classical design. It is this unique skyline and the most interesting of the buildings that inspired the *Oaksterdam News* masthead.

In *Oaksterdam*, people are walking the streets with cell phones against their ears. They seem friendly and welcoming as they nod or high-five Richard Lee, the publisher of *Oaksterdam News*. We are strolling with Richard from one of his business locations to another. There are four locations now, since the *Oaksterdam News* recently established new digs a block or so away from the *Bulldog Coffee Shop* and *The Oaksterdam Gift Shop*. As it happened, the locations of the early medical marijuana movement of the 1990s are clustered on and around Broadway and 17th Street. Richard Lee has settled in the neighborhood and is quickly becoming known, via the media and by his neighbors, as the unofficial mayor of *Oaksterdam*.

The notion of creating *Oaksterdam* didn't have any real structure until Richard Lee showed up on the Oakland scene in the mid-nineties. There he found his niche to apply his entrepreneurial skills and forward vision by opening the *Bull Dog Coffee Shop*, a dispensary and coffee shop, and finally creating the *Oaksterdam News* that is currently celebrating one year of publishing.

What began as a handout to inform the cannabis tourist has grown to be the leading political and legal news outlet for the cannabis community, including the medical cannabis community throughout the state of California and beyond.

Richard Lee's vision of mimicking Amsterdam on the West coast became even stronger when he joined with cannabis expert, and author, Chris Conrad and trusted friend Jaime Galindo. Together, the team is creating the *Oaksterdam* reality. The bimonthly newspaper publishes updates on the federal, state and local legal processes currently underway affecting the legal status of medical cannabis patients in California as well as the prohibition of cannabis including hemp. 🌿

***Congratulations and Best Wishes for continuing growth and success
Oaksterdam News, Richard Lee, Chris Conrad and Jaime Galindo.***

For more information on the *Oaksterdam News*, *Bulldog Coffee Shop*, *SR-71 Dispensary*, and *Oaksterdam Gift Shop* go to www.OaksterdamNews.com or call Oaksterdam News (510) 836-NEWS.



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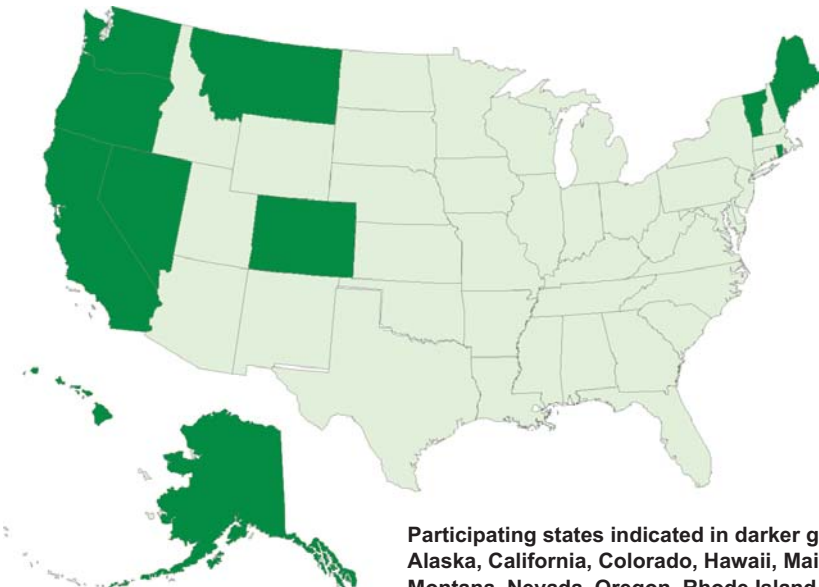
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MAINE MEDICINE

Did You Know?

by Marcella Sanchez



Participating states indicated in darker green:
Alaska, California, Colorado, Hawaii, Maine,
Montana, Nevada, Oregon, Rhode Island,
Vermont and Washington



Samples of medical cannabis grown outdoors in
Maine



Photos: Steve Taylor

The great state of California is NOT the only state that allows doctors to recommend marijuana as a medicine for patients. Eleven other states, including Maine, have passed laws to protect the rights of doctors and patients that know the benefits of medical cannabis. 



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PATIENT RESOURCE DIRECTORY

On Seeking Physician Recommendations

Prop. 215 patients should begin by consulting with their own physicians about the medical use of cannabis. If you don't have a medical record of treatment for serious illness, you may not be eligible for marijuana under Prop. 215.

Many physicians wrongly fear that they can be prosecuted under federal law for recommending marijuana medically. The Ninth Circuit Court of Appeals has upheld a permanent injunction by the U.S. District Court in Northern California forbidding the government from punishing California doctors for recommending marijuana under Prop. 215. The US Supreme Court has upheld the Ninth Circuit's ruling (*Conant v. Walters*: Oct. 15, 2003). Physicians are accordingly free to recommend marijuana for their patients, so long as they don't actually assist them in obtaining it (see California NORML's Medical Marijuana Guidelines for Physicians). Over 1500 California physicians have recommended medical marijuana under Prop. 215. None have been federally prosecuted for doing so.

Medicinal Cannabis Specialists

The following licensed California physicians are available for consultation as medical cannabis specialists. **Patients should have a documented medical record of diagnosis and treatment or a physician referral.**

CAUTION: Patients are advised to check and make sure they are seeing a real MD, not just an assistant.

Patients should not assume that a single casual recommendation will automatically guarantee them immunity from potential criminal charges. **It is important that you establish a record of regular professional care for your illness.**

California DOCTOR Referral List

Northern California

Dr. Roger Stephen Ellis, **San Francisco** CA, Phone (415) 681-0823 www.PotDoc.com
 Dr. Frank Lucido, **Berkeley** CA, Phone (510) 848-0958 www.drlucido.com,
www.medboardwatch.com
 Dr. Gene Schoenfeld, **Sausalito** CA, Phone (415) 331-6832
 Dr. Tod Mikuriya, **El Cerrito/Berkeley** (psychiatrist): Phone (510) 525-1278 www.mikuriya.com.
 Dr. Hanya Barth (415) 255-1200 (**San Francisco & Santa Rosa**)
www.howardstreethealthoptions.com
 Dr. Hany Assad - (510) 839-0723 (**Oakland**, 1504 Franklin St #101, lower level - walk-ins accepted) 7 days a week www.norcalhealthcare.org.
 Dr. Tom O'Connell (510) 965-1735 (**Oakland**) www.doctortom.org
 Dr. William R. Turnipseed, **Citrus Heights** - Sacto: Phone (916) 722-3433
 Dr. Marion "Mollie" P. Fry, California Medical Research Center (office in Cool, **El Dorado Co.**, CA). www.cannabisdoctor.com Phone 1-866-4-DocFry
 Dr. William Toy, Grass Valley (**Nevada Co.**): Phone (530) 273-5690
 Dr. Stephen Banister, 1117 E Main St #C, **Grass Valley** (530) 274-2274
 Dr. Jeff Hergenrather, Sebastopol (**Sonoma Co.**): Phone (707) 484-7720
 Norcal Healthcare, 527 S. State St. **Ukiah** (707) 468-7400
 Dr. Raymond Rowell, **Livermore** (925) 443-3097
 Dr. Philip Denney and Robert Sullivan, 1522 Charles Dr, **Redding** (530) 242-6784, and 4709 Engle Rd #5, **Carmichael** (Sacto County) (916) 978-9777
MediCann (Dr. Jean Talleyrand) (Modesto, Oakland, SF, Santa Cruz, Sacto, San Rafael, Santa Rosa, Ukiah) 866-632-6627 www.medicann.com (see ad pg. 25)
 Dr. Armond T. Tollette, Jr., ROOTS Medical Clinic, 8419 Hannum Av, **Culver City** (310) 505-0002, attleomd@comcast.net

Southern California

Dr. Philip Denney and Robert Sullivan, 22691 Lambert St, Lake Forest, **Orange County**; (949) 855-8845
 Dr. Claudia Jensen, 8 N. Fir St **Ventura**; and 34281 Doheny Park Rd 7538 **Capistrano Beach** (805) 648-LOVE (5683).
 Dr. James Eisenberg, **Santa Monica** 877-468-5874
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 Dr. Robert Sterner, **San Diego**: Phone (619) 543-1061

Dr Alfonso Jimenez, 420 K St #13, **San Diego**, (619) 913-2860
www.medicalmarijuanaofsandiego.com; 303 Broadway #204 Laguna Beach, **Orange County**, (714) 915.8734 www.medicalmarijuanaoforangecounty.com
 Dr. Kenneth Johnson, MediMAR Clinic, 2667 Camino Del Rio, South #315, **San Diego**, (619) 297-3800 www.medicmarclinic.com
 Dr. Joseph Durante, 72205 Painters Path, **Palm Desert**, (760) 341-7777
 C & C for Wellness **San Pedro, Burbank**, (310) 872-6732 www.cc4wellness.com
 Norcal Health Care, 2808 F St. #D, **Bakersfield**, (661) 322-4258
Medicann (Dr. Jean Talleyrand) (**Sherman Oaks, San Diego, W. Hollywood**) 866-632-6627
www.medicann.com (see ad pg 25)
 Alternative Care Consultants **San Diego, Los Angeles and Long Beach** (866)-420-7215
www.accsocal.com
 Dr. Edward Alexander, M.D. and Dr. Ted Schalter, 14532 Friar St., Ste. C3, **Van Nuys**, CA

California ATTORNEY Referral List

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Eric Alan Berg, 5000 Bechelli Lane, Suite 201, **Redding**, CA 96002, 530-223-5100 (p), 530-223-5200 (f), <http://www.bergslaw.com>
Bob Boyd, 107 West Perkins Street, Suite 17, **Ukiah**, CA 95482, 707-468-0500 (p/f), boydlaw@calicom.net,
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Russell Clanton & Bryce Kenney, 791 - 8th St. #R, **Arcata**, CA 95521, 707-825-6587
Manny Daskal, P.O. Box 593, **Eureka**, CA 95502, 707-443-9842 (p), 707-443-3654 (f), mdesq@sbcglobal.com
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Sacramento — Central Valley

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continued next page



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San Francisco Bay Area

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San Diego and Desert

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David Zugman, 600 Trout St., Apt. 238, San Diego, CA 92101, 619-231-6292 (p), david_zugman@fd.org

California PATIENT Service List

North Coast

- **MendoHealing (Ft Bragg)** (707) 964-3677
- Herban Legend, 18300 Old Coast Hwy#3, Fort Bragg (707) 961-0113; M-Sa 11am-6pm.
- Mendo Remedies, 42400 Highway 101, Laytonville (707) 984-7101.
- Caregiver Compassion Center - Santa Rosa - 4349 Montgomery #D (707) 537-7303 (waiting list - limited membership).
- North Bay Wellness Coop- 3386 Santa Rosa Ave, Santa Rosa www.norbaywell.com. Open 10-6:45 M-F; 10-4:45 Sa.
- Sonoma Alliance for Med MJ (707) 522-0292 - Advocacy & education (Does not distribute).
- Sonoma (Guerneville): Marvin's Gardens 707-869-1291
- Sonoma Co. Compassionate Services Delivery 707-972-7818
- Cheops Herbal Apothecary Delivery (Sonoma & Napa Co.) 707-974-9465 cheops-herbal@hotmail.com
- Lake Co. Holistic Solutions, 14240 Lakeshore Dr, Clearlake (707) 995-9000 Open 11-7 M-Sa
- Lake Co D & M Compassion Center, 15196 Lakeshore Blvd, Clearlake (707) 994-1320
- Lake Co Alternative Caregiver Clinic, Clearlake Oaks (707) 998-0358 lacc@mchsi.com
- Ukiah Compassionate Caregivers: (707) 462-0691 (INFO ONLY)
- Ukiah Hemp Plus Ministries, 892 N. State St. (707) 468-1478.

Central Valley & Foothills to Redding

- Amador Co: Sierra Foothills CC (delivery service) 209-274-6727.
- NorCal Medical Cannabis Collective - Chico (530) 354-1114 indicanna@gmail.com
- Calaveras CC (delivery service) 866-401-2228. Open 7 days, 8am-8 pm; low-income patients welcome.
- Merced Patients' Group (209) 726 - 5216 mercedpg@sbcglobal.net (patient support)
- Merced County Patient Coalition MercedCountyPC@aol.com (patient support)
- Total Healthy Choice, 4213 McHenry Ave. #E, Modesto (209) 521-2557 Open 9-8 everyday.
- California Healthcare Collective - 1009 McHenry Ave.#D, Modesto (209) 577-4556
- MMJ Caregivers Association of El Dorado Co. (Placerville) (530) 642-8258
- Golden State Patient Care Collective, 233 Hwy 174, Colfax (530) -346-2514. M-Sat 9 - 5.
- Dale's Delivery Service (Nevada City - Roseville) (530) 277-1810. M-F 10-6pm, Sa 11-3pm.
- Paradise Alliance Med MJ Delivery Service (530) 966-0981
- Plumas Co. - Feather River Coop: 530-283-4517 (info)
- Roseville area deliveries - Jim's Deliveries (916) 519-5328 Hours 10 - 6.
- San Joaquin Medi-Caregivers delivery (209) 456-0680
- Shasta Patient Alliance shapatall@hotmail.com (information only)
- Dixon Herbs, Redding 800-730-0772 (CLOSED by raid, 12/05)
- Siskiyou County Medical Cannabis Co-op Research & Registration Center: Weed CA (530) 938-1768 littleloulou@snowcrest.net
- Stanislaus/Central Valley Co-op: Primary Caregivers & Consultants (209) 818 - 2932 CACaregivers@aol.com
- High Flight Deliveries - Stockton/Tri-Valley area, (209) 346-4489 - 10% discount for cancer patients
- Sutter Co. Patient Care Collective (hospice caregivers info & support) (530) 671-0459
- Yuba County CBC (530) 749-7497

Sacramento

- Sacramento - River City Patients' Center (916) 649-0114
- Sacramento - Capitol Alternatives 2020 - 16th St. 916-497-0277 or 916- 728-1967 Open 9-7 M-Fr; 9-5 Sa.
- Sacramento- Doctor's Orders 4011 Winters St. (916)564-2112 M-Th 10-6, Fr 10-8, Sa 10-6, Su 10-3.
- Sacramento - Canna Care, 320 Harris Ave #G (916) 925-1199 M-F 9-6; Sa-Su 10-3.
- Sacramento The Greenhouse (916) 366-0420 or (916) 868-9566 call for verification and directions; Hours 10-6 everyday.

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- **Sacramento** - MedSac916: (916) 806-2314 www.medsac916.com
- **Sacramento** - End of the Rainbow deliveries: End-of-the-Rainbow@hotmail.com 916-369-6000 or 916-698-6249.
- **Sacramento/Solano/Central Valley/San Jose/Santa Cruz** deliveries: Growth Unlimited 1-888-MED-CANN
- **Sacramento area** deliveries -Today's Holistic Caregivers (661) 946-6600 caregivers420@yahoo.com
- **Sacramento area** Sam's deliveries (916) 717-4848. Hours 10-6.

East Bay — Berkeley

- **Berkeley** Cannabis Coop (Shattuck Ave): (510) 486-1025
- **Berkeley** Patients' Group (2747 San Pablo Ave): (510) 540-6013 www.BerkeleyPatientsGroup.com
- **Berkeley** Patients' Care Collective (2590 Telegraph Ave): (510) 540-7878 medicalmarijuanainfo.com

Contra Costa Co.

- ME Delivery (510) 758-3269
- Maricare - 127 Aspen Dr., **Pacheco** (also deliveries) (925) 459-2929 11am - 7 pm
- Natural Remedies Health Center Collective, 3817 Macdonald Ave, **Richmond** (510) 965-1735
- Holistic Solutions, 2924 Hilltop Mall Rd, **Richmond** (510) 243-7575
- Tender Holistic Care, 5230 Pacheco Blvd, **Pacheco** (925) 798-MEDS (6337)

Alameda County - Hayward/Tri-Valley

- **Hayward** Patients Resource Center 22550 Foothill Blvd. 510-581-8640. Open 11-9 daily, also deliveries & MD clinics (888) 389-6360.
- Local Patients' Cooperative (22630 Foothill Blvd 2nd Floor, **Hayward**) 510-537-2405. Open 10am-10pm everyday; (wheelchair access to 9:30 pm - call in advance).
- Garden of Eden, 21227 Foothill Blvd **Hayward** (510) 881-2160 Open 9-9 daily.
- Compassionate Collective of Alameda County, 21222 Mission Blvd, **Hayward**. Open M-F 9-7, Sa-Su 11-7.
- We Are Hemp (**San Lorenzo**) 913 East Lewelling Blvd (510) 276-2628 M-Sa 11-8.
- The Health Center - 15998 E. 14th St, **San Leandro** (510) 278-4251. Open 11-7 Daily
- Alameda Co. Resource Center 16250 B E. 14th St **San Leandro** (510) 317-2150. Open M-Sa 11-9 (specializing in high grade organic).
- **Tri Valley Area**: The Greene: Easy 580/680 access. call for appointment (925) 989-0724. Open M-F 2-8pm, Sa 12-4pm.

Oakland

- Official city ID cards & patient info available at the Coop Store: 1733 Broadway (510)832-5346 www.rxcbc.org.

City Licensed Clubs

- SR-71 - 377 - 17th St. (510) 251-0690. Open M-F 9 - 8; Sa 10- 8, Su 10 - 6
- CARE - 701 Broadway

San Francisco

- SF Medical Cannabis Clinic #1, 122 Tenth St (at Mission) 415-626-4781 Open M-W 11-7; Th - Sa 10-7; Su 11-6.
- CannaMed Care Center, 1211 Sutter St (lower) (415) 885-8007 www.cannamedcare.com Open 1-9 M-Sa, 1-6 Su.
- Alternative Herbal Health, 442 Haight St. (415) 864-1300. Open 11-8 M-Sa.
- The Vapor Room, 609A Haight St. (MD consultations available). Open M-Sa 11AM - 9PM; Su 12 - 8PM
- The Hemp Center (4811 Geary Blvd) 415-221-HEMP
- Love Shack (502 14th St. at Guerrero) (415) 552-5121 www.lssf.com
- SF Medical Cannabis Clinic #2, 194 Church St. (open 11- 7 M-F, 11-5 Sa-Su) (415) 626-4781
- Ketama, 14 Valencia St. (415) 706-2679 open 11-8 M-Sa, 12-6 Su.
- Holistic Solutions, 722 Columbus St. (415) 296-7614 open 11-6 everyday
- New Remedies Cooperative (1760 Mission at Duboce) (415) 864-0114 (open everyday 8 - 8)
- Green Door, 843 Howard St. (415) 541-9590 www.GreenDoorInfo.com Open 11-8 everyday
- **Alternative Patient Caregivers**, 953 Mission St. #40 (between 5th & 6th) (415) 618-0680 (11-7 M-F, 11-5 Sat). (see ad pg 21)
- **Alternative Relief Co-Op** 1944 Ocean Ave. (415) 239-4766 natural herbs & tea (noon - 7 pm M-Sat). Deliveries to in-patients in SF hospitals. www.alternativerelief.org (see ad pg 8)
- San Francisco ACT-UP (1884 Market St): (415) 864-6686 www.actupsf.com
- Valencia Street Caregivers, 208 Valencia St. (415) 621-0131 Open 8am -10pm.
- Sweetleaf Collective (415) 273-4663 - For low-income AIDS, cancer patients
- San Francisco Patients' Cooperative (350 Divisadero St): (415) 552-8653 www.sfprc.org
- Golden Triangle - 1334 Haight St (415) 431-6764 Open M - Sat 11 - 9 PM ; Sun. 11 - 8.
- The Hopenet Coop, 223 Ninth St. (415) 863-4399 Open M-F 12-7, Sa 12-5.
- Bernal Heights Co-op Dispensary 33 - 29th St. (415) 642-4702 Open 10-9 M-Sa, 12-7 Su
- The Divinity Tree, 958 Geary St. (415) 292-6052 Open 11-7 except Tues.
- Mason St. Dispensary (124 Mason St. downstairs) (415) 433-4420 www.masondispensary.com- 7am-9pm daily
- **Mr. Nice Guy**, 174 Valencia St.(415) 865-0990 Open 11-9 Su -Th; 11-11 F-Sa. (see ad p3)
- Emmalyn's 1597 Howard St. #A 800-588-4218/415-345-8248 Daily 10-9
- Patients Helping Patients Home Bike Delivery (415) 240-7190
- Good Fellowes Smoke Shop, 473 Haight St (415) 346-4338
- **Sanctuary**, 669 O'Farrell (415) 885-4420 (see ad pg 11)

- Purple Heart, 1326 Grove St. (415) 409-1002. Open 11-9 daily

Marin - North Bay

- Marin Alliance for Medical MJ: (415) 256-9328 www.cbcmarin.com
- Here2Help-707 - **Solano Co.** deliveries homebound patients only M - Th 9am - 7pm here2help_707@hotmail.com

South Bay

- Cal Medical MJ Patients Association (**Belmont**) (650) 520-9971- 24 hours; www.myspace.com/ohiorob420.
- Mobile Herbal Therapy (**San Mateo** - **San Jose** deliveries) 866-240-9121
- Kind Care Resource Center, 5423 Central Ave. #13, **Newark** (510) 796-KIND Open 10-8 daily
- **San Jose & Santa Cruz** area deliveries: Growth Unlimited 1-888-MED-CANN
- My Green Heaven Ministry, **Millbrae** www.mygreenheaven.org

Santa Cruz

- Wo/Men's Alliance for Medical MJ: (831)425-0580 (NOT a dispensary, but a collective for seriously ill Santa Cruz patients in hospice care) www.wamm.org
- Greenway Compassionate Relief, 140 Dubois St #D (831) 420-1640 Open 11-6 M-F, 10-6 Sa
- **Santa Clara Valley Cannabis Society, Inc.** (408) 509-4905
- Med Ex Delivery Service: (831) 425-3444
- Hemporium - LLC Delivery Service (831) 295-9381 or (831) 295-3511

Central Coast - Santa Barbara

- Hezekiah Inc, 92 - 2nd St. #H, **Buellton** (805) 693-5790 - open M-F 9-6, Sa 10-4.
- Central Coast Compassionate Caregivers, 780 Monterey Ave #B, **Morro Bay** (805) 772-4879
- Compassion Center of Santa Barbara County - SBC Collective, 119 N. Milpas St #C, **Santa Barbara**, 805-963-9797 Hours 12-5 M-F, 11-3 Sa.
- **Santa Barbara** Patients' Group, 3114 State St. (805) 687-8988; for patient preverification FAX MD documentation to: 805-456-0710 - open M- SA 11am - 5pm.
- Helping Hands Wellness Center, 4141 State St. #F-4 **Santa Barbara** (805) 692-1419. Open 10:30-8:30 daily.
- **Santa Barbara** Patient Doctor Coalition (805) 687-2380 PDCOALITION@cox.net

Central Valley South - Bakersfield

- Medicinal Marijuana Awareness and Defense, 209 W. Main St #1, **Visalia** - by appointment only (559) 627-6623
- Charity Caregivers of Tulare, 219 N. M. St. #106, **Tulare** (559) 688-2001
- **Nature's Medicinal**, 323 Roberts Ln, **Bakersfield** (661) 392-9353 Open 11-9 everyday. (see ad pg 13)
- **Canna-meds**, 1450 Crestmont Dr, **Bakersfield** (661) 871-0420 Open 11-7 M-Sa. (see ad p 2)
- Sweet Relief Compassionate Center, 1340 Roberts Ln. #1, **Bakersfield** (661) 399-4200. Open 9 am - 10 pm M-F, 9-5 Sa.
- American Caregivers Collective, 5640 District Blvd #111, **Bakersfield** (661) 396-7800. Open 10 - 7 daily. Americancaregiverscollective.com

Southern CA Deliveries

- Dr. Green's medical grade drgreen@safe-mail.net
- Pharmakeia (LA/Orange/Riverside/S.D./S.Barbara) (323) 462-1516 (M-Sa 10am - 5 pm) www.pharmakeia.org - info@pharmakeia.org
- **California Compassionate Caregivers C3**; LA (818) 565-9476; Orange (714) 618-5221; Riverside (951) 520-6909; San Bernardino (951) 520-6909; San Diego (951) 520-6909; Ventura (909) 708-7104 (see ad pg 20)

Los Angeles Area - West; West Hollywood; Valley; East LA;

South Bay/Long Beach

West LA

- **PCH Collective**, 22333 Pacific Coast Hwy, #102A, **Malibu** (310) 456-0666 (see ad pg.11)
- The Holistic Caregivers, 1321 E. Compton Blvd, **Compton** (310) 889-4799; for deliveries phone (310) 764-4740. Open M-Sa 9am-7pm.
- Inglewood Wellness Center 318 S. Market St. (310) 674-4444 www.InglewoodWC.org
- **Los Angeles Medical Caregivers**, 5589 W. Manchester Ave. **Los Angeles** (310) 410-9954. Open M-Sa 10 - 7pm. (see ad pg 9)
- A-1 Compassionate Collective, 301 N Prairie Ave #512, **Inglewood** (310) 673-2122 ("A1CC"); M-Sa 11-7.
- Arts District Healing Center, 620 E. 1st St. **Los Angeles** (213) 687-9981 Open Tu-Sa 11-7.
- @ Downtown Wellness Center, 312 W. Olympic Blvd, **Los Angeles** (213) 746-3355.
- Tahoe Medical Collective, **LA Area** (323) 595-3841
- **PureLife Alternative Wellness Center**, 1649 S. La Cienega Bl., **Los Angeles** (313) 246-9345. (see ad pg 7)
- United Medical Caregivers Clinic, 1248 S. Fairfax, **Los Angeles** (310) 358-0212. Open Mon-Sat 10-8pm
- KUSH Collective, 1111 S. La Brea Blvd, **Los Angeles** (323) 938-KUSH Open 11-11 M-Sa
- **Palos Verdes Collective**, 716 Yarmouth Rd., Ste. 215, **Palos Verdes Estates**, CA 90274; (877) 420-2150; (310) 541-0608. (see ad pg 7)
- Quality of Life Activities (QOLA) **Silverlake** - **Los Angeles** Call for info: (323)-644-1209 Hours: 10-7pm M-Sa.
- LA Compassionate Care **Silverlake** 13th - 2227 Sunset Blvd (213) 484-1001; en español (213) 272-9489
- California Patients' Group, 6208 Santa Monica Blvd **Hollywood** (between Vine & 101)

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- (323) 464-7052 www.CaliforniaPatientsGroup.org Free valet service M-F after 4 pm.
- Hollywood Patients' Group, 6115 Selma Ave #103 **Hollywood** (323) 464-6465. Open 10-10 daily
 - Earth Collective, 5115 Sunset Blvd., **Hollywood** (323) 668-7633.
 - Hezekiah Inc., 6051 Hollywood Blvd #202, **Hollywood** (323) 683-80171
 - **Hollywood Compassionate Collective** (HCC), 1110 N. Western Ave #204, **Hollywood** (323) 467-7292. M-F 11-7; Sa 12-8 pm www.hollywoodcollective.com. (see ad pg 9)
 - NoHo Caregivers, 4296 Vineland **North Hollywood** (818) 754-0834 Open 11-8 daily.
 - Alternative Caregivers Discount Dispensary - 122 S. Lincoln Ave #204, **Venice** (877) 219-3809. Open M-Sa 12-8.
 - **Marina Caregivers**, 3007 Washington Blvd. #225, **Marina Del Rey** (310) 574-4000. Open 4pm - 11pm. (see ad pg.8)
 - The Lomita Vapor Lounge, 14829 Hawthorne Blvd #203, **Lawndale** (310) 432-3262. Open 11-7 daily.
 - Westside Compassionate Caregivers, 2355 Westwood Blvd, **West LA** (310) 474-8459 Open M-Sa 10-8, Su 10-6.
 - Comfort Care Group, 1720 Westwood Blvd, **Westwood** (310) 441-8315 Open 7am-8 pm. www.comfortcaregroup.net
 - Crescent Alliance for Sickle-Cell / Nigritian Kief Society (Sister Somayah) **Los Angeles** (323) 232-0935 www.hempishep.com

West Hollywood

- LA Patients and Caregivers Group - 7213 Santa Monica Blvd, **West Hollywood** (at Formosa) (323) 882-6033 www.LAMedicalMarijuana.com
- AHHS (Alternative Herbal Health Services) 7828 Santa Monica (@ Fairfax) **West Hollywood** (323) 654-8792 call for hours.
- Medical Marijuana Pharmacy 7825 Santa Monica Blvd (323) 848-7981 (**LA area** deliveries) M-Sa 10am-8pm; Su 12 pm-7pm.
- **West Hollywood** Caregivers 7901 Santa Monica Blvd #206 (323) 656-2033 open 11-8 everyday.
- California Cannabis Pharmaceuticals, 8464 Santa Monica Blvd, **W. Hollywood** (323) 656-6666
- **West Hollywood** Center for Compassionate Healing, 8921 Sunset Blvd. @ San Vicente (park across street at Hustler) (310) 626-3333 open to midnight.
- The Health Center, 8961 W. Sunset Blvd **W. Hollywood** (310) 275-0446.
- **West LA** Collective Caregivers delivery service (310) 953-2475 www.WLACC.net. Serving the west side 9:30am-10pm Daily.

San Fernando Valley

- Trichome Healing Caregivers, 7100 Van Nuys Blvd #204, **Van Nuys** (818) 373-5000. Open 10-8 daily - disabled access
- Southern California Caregivers, 15333 Sherman Way #Q, **Van Nuys** (818) 988-0699 Open 10-7 daily. Deliveries, disabled access.
- **Mother Nature's Remedy Caregivers**, 17302 Saticoy St, **Van Nuys** (818) 345-MEDS www.mothernaturestryremedy.org. Hours 2:15 - 10 pm Tu-Su (see ad pg 7)
- California Collective Center, 14532 Friar St. #A, **Van Nuys** (818) 781-8865; open 11-7 daily.
- Therapeutic Medicinal Health Resources, 14836 Burbank Blvd, **Sherman Oaks** (818) 988-9615 Hours M-F 11-7; Sa-Su 12-6.
- Valley Collective Co-op, 12500 Riverside Dr #201B, **Studio City** (818) 508-8787 Open M-Sa 11-7, Su 11-5
- Valley Independent Pharmacy, 19459 Ventura Blvd, **Tarzana** (818) 345-5477 open 10-7 daily.
- Cannamed of **Northridge**, 9349 Melvin Ave. #9 (818) 88
- **Valley Co-Op**, 8363 Reseda Bl. #203, **Northridge** (818) 727-1419. Hours 11-7 M-Sa, 11-5 Su (see ad pg 10)
- Compassionate Care of **Studio City** (no relation to "Compassionate Caregivers"), 11314 Ventura Blvd (818) 506-7207 www.ccscity.com (med. menu on website) Open M-Th 11-7, Fr 11-8, Sa 12-8.
- North Valley Discount Caregivers, 15600 Devonshire #203, **Granada Hills** (818) 920-3110. Open 12 - 8 daily.
- West Valley Caregivers, 23067 Ventura Blvd #102, **Woodland Hills** (818) 222-9212 Open 12 - 10 daily.
- H.J.M., 22831 Ventura Blvd, **Woodland Hills** (818) 225-2426. Open 12-8 everyday.
- RNS Caregivers United, 10545 Burbank Blvd, **North Hollywood** (818) 763-7479 M-Sa 11-7.
- Natural Relief Center, 7223 Owensmouth, **Canoga Park** (818) 703-8599 Daily 11-7.
- Chatsworth Caregivers Group, 21708 Devonshire St, **Chatsworth** (818) 998-9700, www.chatsworthcg.com
- **North Hollywood** Collective, 10929 Vanowen St. #110 (818) 763-4008.

East Los Angeles Area

- Cal Medical Caregivers Assoc., 15838 Halliburton Rd. **Hacienda Heights** (626) 336-2652 Open 11-7 daily.
- CMCA - LA, 3430 Whittier Blvd, **East LA** (323) 261-2009 www.calicaregivers.com Open 11-7 everyday.
- W. M. P. C. 11618 Washington Blvd #D, **Whittier** (562) 692-3576 Open 11 am - 7 pm.
- **Whittier** Collective 12450#A East Washington Blvd. Some free medicine given to every patient who asks. (562) 696-9696 Open M-F 11-7; Sa 11-6; Su 10-3

Long Beach and South Bay

- Green Cross of Torrance, 22926 Hawthorne Blvd, **Torrance** (310) 378-4900. Open 10-8 daily.
- Cancer Help Center Herbal Collective, 3381 Long Beach Blvd @ Wardlow. Some free medicine

- given to every patient who asks. **Long Beach** 562-424-HERB Open M-F 11-8, Sa-Su 11-7
- CCLB (not affiliated with other "Compassionate Caregivers") **Long Beach** (562) 621-9777 call for details.
- Nature's Way Compassion Group, 1111 S. Pacific Ave. **San Pedro** (310) 514-9665 Open M-Sa 12-7.
- The Lawndale Collective, 14829 Hawthorne Boulevard, Suite 204, **Lawndale** (310) 644-9420. Open 11-7 daily.
- Med/A/Cab delivery service - **Long Beach and mid-cities** (562) 256-5066 open 11-7 everyday.
- Low Cost Deliveries - downtown **Long Beach** & surrounding area (562) 753-3165 Hours 10-10 daily.
- Freeway Pharmacy delivery **Beach cities El Segundo to Huntington Beach** (310) 349-9135
- South Bay 420 Collective Delivery Service - **Palos Verdes and South Bay beach cities** only - (310) 908-7764; FAX (866) 619-5942 harpincsb@netscape.net
- Diamond Delivery - **Long Beach to North Orange Co.** (562) 331-5415

Orange - San Bernardino - Riverside

- 215 Patient Bakery (edibles only) and 420 Primary Caregivers delivery service 421 N. Brookhurst #130, **Anaheim** (714) 758-3500 Bakery open M-Sa 11-7. www.420primarycaregivers.com
- Legal Ease 1077 E. Main St., **Tustin** (714) 508-3633, Hours 10-8 M-F, 11-7 Sa-Su
- **OC** Collective, **Newport Beach** (949) 307-6504. Some free medicine given to every patient who asks. Open M-F 11-7, Sa-Su 11-5.
- C-3 Deliveries, **Orange Co/S. LA/N. SD**, (714) 396-6770 www.californiacc.net
- Med-Drop deliveries **Norco/Riverside/Corona** (951) 833-3668 meddropie420@yahoo.com.
- Inland Empire Herbal Caregivers delivery service **San Bernardino Co.** (951) 537-0235.
- Green Ease Collective & Delivery serving **San B'd'n/Big Bear/Hemet/Riverside** (951) 258-6712 - www.greenease.org
- C.A.P.S. (**Palm Springs**) (760) 325-1112
- CannaHelp, 73350 El Paseo #204, **Palm Desert**, 877-760-4367 Open 10-8.
- OCMC Cooperative, **Orange County** (949) 855-0310.
- Humble House deliveries to **Orange County** (949) 395-9588.
- **South Orange County** Primary Caregiver deliveries (949) 246-9395 primarycaregivers@gmail.com
- A.R.C. Collective - **Orange Co.** deliveries (714) 999-9696.
- KGB Meds (**San Bernardino - High Desert** delivery service) (760) 246-7047 Hours: 8am - 7pm kgbmeds@yahoo.com.
- Dank Meds (**San Bernardino** deliveries) (760) 246-7396 Mon-Sat. dankmeds@yahoo.com Daily 9am - 6pm.
- Freeway Pharmacy delivery **Beach cities El Segundo to Huntington Beach** (310) 349-9135
- Northern Lights Church (statewide support group) Laguna Beach (949) 222-4209 northernlightschurch.org or www.thehealingexchange.org

San Diego

- **North County** Medical Caregivers delivery service (760) 277-4059 northcountymedical@yahoo.com. Open 12 - 9 everyday.
- **San Diego** area deliveries: www.medbud4u.com
- **San Diego** Legal Ease, Inc. 3024 Meade Ave #D (North Park) 619-398-3467. legalease.us Hours: 10-8 everyday. Deliveries to members.
- **San Diego** Caregivers delivery service (760) 580-0745 (serving S.D. and south Riverside Co.)
- **San Diego** Compassion Club delivery to S.D. area (619) 417-4119 www.sandiegocompassion.com
- California Medical Center, 5544 La Jolla Blvd, **San Diego** (858) 405-9496 Open 12-7 everyday.
- P.B.R., 1165 Garnet Ave, **Pacific Beach** (858) 270-MEDS (6337). Open 11 - 9.
- **Ocean Beach** Dispensary, 4230 Voltaire Ave. #2, **San Diego** (619) 549-2014 obdispensary.com Open 10-10 M-Sa, 10-5 Su.
- Co-Op Mira Mesa, 11271 Camino Ruiz, **San Diego** (858) 271-8020. Hours 11-7 everyday.
- Native Sun Dispensary, 3806 Rosecrans, **San Diego** (619) 299-2837. Open 11-8 daily; Friday 11-9.
- Co-Op SD, 7875 Convoy Ct #6, **San Diego** (858) 610-1674. Open 11-7 everyday.
- Mother Earth Co-op, 4017 Brant St. **San Diego** (619) 955-5611 Open 10 - 7 M-Sa.
- American Caregivers Co-op, **North SD County deliveries** (760) 420-0478.
- San Diego Patients Health & Caregiving Co-Op, 1806 W. Washington St, **San Diego** (619) 417-0006 info@sdpca.com Open 12-7 daily.
- The Healing Room, 4438 Vandever Ave, **San Diego** (619) 501-1970 Open 12-7 except Sun. www.thehealingroomsandiego.com
- **San Diego** Compassionate & Safe Access, 3778 - 4th Ave. (619) 795-9447 Open 11-8 everyday.
- Morena Care Group, 1231 Morena Blvd. **San Diego** (619) 276-1146 morenacaregroup@sbcglobal.net Hours: 12-8 daily.
- Farm A.C., 6070 Mt Alifan Dr #202 (behind Coco's on Balboa) **San Diego** (858) 278-5880 Hours 10-10 daily.
- Holistic Healers, 3066 University Ave, **San Diego** (619) 794-0347 Open 12-8 everyday.
- Utopia Dispensary, 4843 Voltaire St. #A, **San Diego** (619) 222-6900 utopiadispensary.com 10 - 8 M-Sa, 12-6 Su.

Hawaii

- State registration program, Dept. of Public Safety 808-837-8470
- The Hawaiian Cannabis Ministry; www.THC-ministry.org
- Maui Patients Without Time www.patientswithouttime.com

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